

JONATHAN H. HOFFMAN
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EDUCATION

Ph.D. in Clinical and School Psychology - December 1984
Hofstra University

M.A. in Psychology - August 1981 with Distinction
Hofstra University

M.A. in Psychology - January 1980
New School for Social Research

B.A. in Psychology - May 1978 with Outstanding Academic Performance
State University of New York at Binghamton

LICENSURE

Florida State Psychologist License PY 6390
Utah State Psychologist License 8282881-2501
New York State Psychologist License 8592-1

BOARDS

Board Certified by the American Board of Professional Psychology (ABPP) in Cognitive and Behavioral Psychology

Scientific and Clinical Advisory Board (SCAB), International OCD Foundation

PAST HOSPITAL AFFILIATIONS

Miami Children's Hospital, Dan Marino Center, Weston FL.
North Shore University Hospital, Manhasset, N.Y.
Winthrop University Hospital, Mineola, N.Y.
Brunswick Hospital Center, Amityville, N.Y.
South Oaks Hospital, Amityville, N.Y.

EMPLOYMENT

Neurobehavioral Institute (NBI) and NBI Ranch
Weston, Florida

Co-Founder and Clinical Director

September 2000 to present

Responsible for directing and implementing clinical services, program development, supervising staff psychologists and postdoctoral residents in APPIC approved program, staff training, and diverse administrative and consultative functions. NBI offers an array of services including traditional and intensive outpatient therapy programs, evidence-supported clinical interventions, group therapy, support groups, diagnostic psychological assessments, executive function training, parent guidance, family therapy, a supportive residential program, and professional and public presentations.

Nova Southeastern University, College of Psychology
Davie, Florida

Adjunct Faculty

May 2017 to present

Taught “Psychological Interventions for Obsessive Compulsive Disorder and Related Disorders” for clinical psychology doctoral students.

Academic Options

Weston, Florida

Director/ Psychoeducational Liaison

January 2010 to December 2014

Academic Options is a private enterprise that focuses on special needs academic and therapeutic placements as well as providing guidance for the post-secondary education selection and admissions process. AO also had a focused learning processes program.

Nova Southeastern University

Davie, Florida

Adjunct Faculty

June 2000 to December 2007

Responsible for teaching undergraduate courses as assigned. Courses included Stress Management, Health Psychology, and Behavior Modification.

Children’s Psychology Associates of the Miami Children’s Hospital, Dan Marino Center
Weston, Florida

Psychologist

December 2000 to September 2001

Activities included psychotherapy and assisting with program development.

Institute for Bio-Behavioral Therapy and Research
Great Neck, New York

Clinical Director 1998 to July 2000

Associate Clinical Director/Staff Psychologist/Postdoctoral experience 1988-1998.

Provided psychotherapy and supervised psychological assessments for varied population. Services provided for children, adolescents, adults and families. Participated on research team focusing on neurobiological disorders. Consulted in diverse settings as well as coordinated outpatient and inpatient services. Supervised doctoral level interns and other professional staff. Presented numerous lectures and workshops. Performed various administrative duties.

Brunswick Hospital Center
Amityville, New York

Staff Psychologist/Assistant Coordinator Adolescent Program

November 1986 to February 1990

Provided individual, family, and group psychotherapy for psychiatric, chemical dependency and adolescent services. Conducted psychological assessments and neuropsychological screenings. Duties on adolescent unit included program development. Community and in-service presentations were made. Received extensive postdoctoral clinical supervision in first year of service. An outpatient psychotherapy practice was also maintained.

New York City Police Department
Rego Park, New York

Staff Psychologist

June 1985 to November 1986

Staff level and postdoctoral experiences included psychological assessments, counseling/stress management, employee selection, trauma debriefing, fitness for duty evaluations, and emergency on call. Had supervisory duties in regard to other psychologists, social workers and alcohol counselors. Provided short-term psychotherapy and necessary referrals.

St. John's University
Jamaica, New York

Adjunct Assistant Professor

September 1985 to May 1986

Taught two undergraduate psychology courses.

Plainview-Old Bethpage School District
Plainview, New York

Post- Doctoral Trainee and School Psychologist

December 1984 to June 1985

September 1984 to December 1984 part-time

Responsibilities in school setting included psychological assessments, designing behavior programs, crisis intervention, family meetings, counseling, and presentations to the Special Education Committee. Experience applied toward NYS licensure.

Epilepsy Foundation of Nassau County
Garden City, New York
Applied Behavioral Science Specialist
June 1983 to January 1985

Responsibilities of part-time position included psychological assessments, developing behavioral treatment plans, crisis intervention and in-service training.

Private Vocational Consulting Practice
New York City, New York
Psychology Assistant
September 1978 to June 1983

Responsibilities included assisting consulting psychologist in psychometrics.
(Supervisor: Max Kaufman, Ph.D., ABPP)

INTERNSHIP AND PRACTICUM EXPERIENCE

Nassau County Department of Drug and Alcohol Addiction.
East Meadow, N.Y.

Clinical Psychology Intern
July 1982 to September 1983

Supervisor: C. Thomas Capone, Ph.D.

Responsibilities included individual psychotherapy, psychological assessments, inter-disciplinary team membership, crisis intervention and research.

Psychological Evaluation and Research Center, Hofstra University
Hempstead, N.Y.

Intern

January 1982 to August 1984

Responsibilities included individual, marital and family therapy as well as play therapy, learning disability remediation and psychological evaluations.

Port Washington School District
Port Washington, N.Y.

School Psychology Intern.

September 1981 to June 1982

Supervisor: Richard Crisci, Ph.D.

Responsibilities included psychological assessments, individual counseling and parent conferences.

PUBLICATIONS

- Hoffman, J. & McKay, D. (2019). From Our Mailbag: Why Do Some Clinical Programs Teach Both CBT and Psychodynamic Models? Schrödinger's Rat. *the Behavior Therapist*, 42(2), Online.
- Hoffman, J. & McKay, D. (2018). The Sirens of Vienna. *the Behavior Therapist*, 41(5), 268-269.
- Hoffman, J. & McKay, D. (2017). K. Ong, PhD, CBT and its Discontents. *the Behavior Therapist*, 40(8), 323-325.
- Hoffman, J. & McKay, D. (2017). K. Ong, PhD, The 8th Wonder of the CBT World. *the Behavior Therapist*, 40(8), 222-224.
- Hoffman, J.H. (2017). The EST Diet. *Clinical Science*, Vol 20(2), 18-19.
- Tryon, W.W., Hoffman, J., & McKay, D. (2017). Neural networks as explanatory frameworks of psychopathology and its treatment. In D. McKay, J.S. Abramowitz, & E. Storch (Eds.), *Treatments for Psychological Problems and Syndromes* (pp. 452-479). Chichester, UK. Wiley.
- Hoffman, J. & McKay, D. (2017). The Cruel Postdoctoral Tutelage of Dr. Mei. *the Behavior Therapist*, 40 (4), 159-160.
- Hoffman, J. & McKay, (2017). Skinner Shrugged. *the Behavior Therapist*, 40, 58-60.
- Hoffman, J. & McKay, D. (2016). A Clockwork Orange is the New Black. *the Behavior Therapist*, 39, 184-185.
- Hoffman, J.H. (2016) Review of the book *How we built our dream practice: Innovative ideas for building yours*, by D. Verhagen & F. Gaskill]. *Journal of Cognitive Psychotherapy: An International Quarterly*, 30(1).
- Hoffman, J.H. & McKay, D. (2014). CBTers Assemble! Episode Last?: "The CBT/AT Strikes Back." *the Behavior Therapist*, 37(8). 235-237.
- Hoffman, J.H. & Zuckerman, T.L. (2014). Article. When Disruptive or Oppositional Behaviors Mask Obsessive-Compulsive Disorder. *Broward Psychologist Newsletter*, Fall 2014, 5-6.

- Hoffman, J.H. & McKay, D. (2014). CBTers ASSEMBLE! Episode More: “There’s Something About Intern Tasha”. *The Behavior Therapist*, 37(7), 200-202.
- Hoffman, J.H. & McKay, D. (2014). CBTers ASSEMBLE! Episode Next: “This Ain’t No Disco”. *the Behavior Therapist*, 37(5), 127-129.
- Hoffman, J.H. & McKay, D. (2014). CBTers ASSEMBLE!! Episode 1: “A Tweet for Help”. *the Behavior Therapist*, 37(3), 70-72.
- Hoffman, J.H. (2012). Book. Stuck: Asperger’s Syndrome and Obsessive-Compulsive Behaviors. Weston Press.
- Hoffman, J.H., Storch, E., Moritz, E. Katia, & Spielman, J. (2010). Integrating technology into Cognitive-Behavioral Treatment for OCD. International OCD Foundation Newsletter, Vol. 24 Number 1, 13-15.
- Hoffman, J.H. (2007). Article. Try Coping for a Change. SoFlorida Magazine, September/October, 24-25.
- Hoffman, J.H. (2007). Article. Mid-Life Crises: Seen the Movie? SoFlorida Magazine, July/August, 32.
- Hoffman, J.H. (2007). Article. Major Emergency or Minor Aggravation? SoFlorida Magazine, May/June, 31.
- Hoffman, J.H. (2007). Article. Personality Disorder...or Just Another Annoying Person? SoFlorida Magazine, March/April, 18.
- Hoffman, J.H. (2007). Article. Childhood, Version 2.1. SoFlorida Magazine, January/February, 56.
- Hoffman, J.H. (2006). Article. Betting on the Holidays. SoFlorida Magazine, November/December, 50.
- Hoffman, J.H. (2006). Article. Great Expectations? SoFlorida Magazine, July/August, 42.
- Hoffman, J. H., & Moritz, E.K. (2002). Exposure and response prevention: a neglected therapy for primary anorexia nervosa. Manuscript for presentation at workshops.
- Neziroglu, F., Stevens, K., Yaryura-Tobias, J.A., & Hoffman, J.H. (1999). Assessment, Treatment Parameters, and Prognostic Indicators for Patients with Obsessive Compulsive Spectrum Disorders. *Cognitive and Behavioral Practice*, 6 (4), 345-350.

- Stevens, K.P., Hoffman, J.H. & Hsia, C. (1998). Sensory-Motor Aspects of Obsessive-Compulsive Disorder. *CNS Spectrums*, 3 (7), 31-34.
- Stevens, K., Hoffman, J.H., Liquori, B., Neziroglu, F., & Yaryura-Tobias, J.A. (1998). Multiple Objective Assessments of a Patient with Dissociative Identity Disorder (unpublished manuscript).
- Hoffman, J.H. (1997). Review of Learning to Live with Body Dysmorphic Disorder by Phillips, K.A., Van Noppen, B.L. & Shapiro, L. *OCD Newsletter*, 11 (3), 5.
- Neziroglu, F., Hoffman, J. H., Yaryura-Tobias, J.A., Veale, D. & Cottraux, J. (1996). Current Issues in Behavior and Cognitive Therapy for Obsessive-Compulsive Disorder. *CNS Spectrums, The International Journal of Neuropsychiatric Medicine*, 1(1), 47-54.
- Hoffman, J.H. & McKay, D. (1995). OCD Treatment: A Reply to Malatesta. *the Behavior Therapist*, 18, 203-204.
- Hoffman, J.H. (1994). Understanding Obsessive-Compulsive Disorder and Addiction. Hazelden Educational Materials: Center City, MN. (Also in DVD/CD ROM).
- Hoffman, J.H. (1994). Understanding Obsessive-Compulsive Disorder and Addiction (Workbook). Hazelden Educational Materials: Center City, MN. (Also in DVD/CD ROM).
- Hoffman J.H., & Neziroglu, F.A. (1993). Inpatient Treatment of OCD and related conditions. *OCD Newsletter*, 7 (3), 9-10.
- Hoffman, J.H. (1991). OCD and Substance Abuse: Questions and Answers. *OCD Newsletter*, 5 (6), 4-5.
- Hoffman, J.H. (1984). Confrontational tools in the therapeutic community for substance abusers. Unpublished doctoral dissertation, Hofstra University, New York.
- Hennessey, S., Hoffman, J.H., & Eron, T.B. (1981). Assessment of public attitude toward the current issue of continuing licensing of psychologists. Unpublished manuscript.

PRESENTATIONS/MEDIA

- Hudak, R., Penzel, F., Sachs, R. & Hoffman, J.H. (2019). Preconference Training Session. *Conceptualizing and Treating OCD in Those with Autism Spectrum Disorder*. 26th Annual International OCD Foundation Conference, Washington, DC. 26th Annual International OCD Foundation Conference, Austin, Texas.

- Jenike, M., Smith, E. & Hoffman, J.H. (2019). *What's So Funny About OCD?* 26th Annual International OCD Foundation Conference, Washington, DC. 26th Annual International OCD Foundation Conference, Austin, Texas.
- Hoffman, J.H., Sachs, R., Hudak, R., Penzel, F. & Nadeau, J. (2019). *Autism Spectrum/OCD Workshop*. 26th Annual International OCD Foundation Conference, Washington, DC. 26th Annual International OCD Foundation Conference, Austin, Texas.
- Hoffman, J.H. (April 2019). The OCD Stories Podcast. *OCD and its Co-morbidities*. Stuart Ralph, Host. London, UK.
- Hoffman, J.H. (January 2019). When OCD Gets in the Way of Treatment. National Association of Therapeutic Schools and Programs (NATSAP) 2019 Annual Conference. San Antonio, Texas.
- Jacob, M., Hoffman, J.H., Erikson, H., Falchook, E., Rabinowitz, M., & Rahman, O. (October 2018). Q &A with Interdisciplinary panel of OCD Experts. OCD Central and South Florida. OCD Awareness Week Event. Palm Beach Gardens, FL.
- Hoffman, J.H. & Rivera, W. (July 2018). OCD is an Annoying Bully (For Middle Schoolers Only!). 25th Annual International OCD Foundation Conference, Washington, DC.
- Hoffman, J.H. (July 2018). The Art and Science of Treating Pediatric OCD. 25th Annual International OCD Foundation Conference, Washington, DC.
- McKay, D., Hoffman, J.H., & Poskar, S. (July 2018). Getting the Most Out of Exposure and Response Prevention (ERP). 25th Annual International OCD Foundation Conference, Washington, DC.
- Jenike, M., Smith, E. & Hoffman, J.H. (July 2018). What's So Funny About OCD? 25th Annual International OCD Foundation Conference, Washington, DC.
- Penzel, F., Whitby, A, Nadeau, J., Hudak, R., & Hoffman, J.H. (July 2018). ASD-Associated Obsessive-Compulsive Disorder (OCD): What's New? 25th Annual International OCD Foundation Conference, Washington, DC.
- Hoffman, J.H., Hsia, C., Bubrick, J. & Neziroglu, F. (April 2018). The Paradoxical Impact of Intellect on OCD Treatment. Anxiety Disorders and Depression (ADAA) Conference, Washington DC.
- Hoffman, J.H., McKay, D., Siegle, G., & Ellard, K. (November 2017). Panel Discussion. Neural Network Models: Relevance for the Present and Future of CBT. Association for Behavioral and Cognitive Therapies (ABCT). San Diego, California.

- Conroy, S., Jenike, M., Hoffman, J., Sisson, M., & McGrath, P. (July 2017). OCD and Substance Use Disorders (SUD) Town Hall—Reducing Stigma by Breaking Silence. 24th Annual International OCD Foundation Conference. San Francisco, California.
- Neziroglu, F., Hoffman, J., Khemlani-Patel, S., Borda, T., & Mansueto, C. (July 2017). Pediatric Obsessive-Compulsive Related Disorders. 24th Annual International OCD Foundation Conference. San Francisco, California.
- Nadeau, J., Hoffman, J., Hudak, R., & Penzel, F. (July 2017). OCD and Comorbid Autism Spectrum Disorder: Ask the OCD and ASD Mythbusters. 24th Annual International OCD Foundation Conference. San Francisco, California.
- Nadeau, J. & Hoffman, J. (April 2017). Lecture. Tailoring OCD Treatment for Individuals with Autism: Exposure Based Treatment and Beyond. Obsessive Compulsive Foundation of Western Pennsylvania. Pittsburgh, PA.
- Sachs, R. & Hoffman, J. (April,2017). Lecture. Clinical Barriers to Change in OCD and ASD. Obsessive Compulsive Foundation of Western Pennsylvania. Pittsburgh, PA.
- Hoffman, Jonathan & Reitkopf, Thalia. (April 2017). Yoga-Enhanced CBT: Applicability in Treating OCD and Anxiety Disorders and in Practitioners' Self-Care. Continuing Education Presentation for Florida Psychological Association/Broward Chapter. Weston, Florida.
- Hoffman, J. (April,2017). In-Service Presentation. *Autism Spectrum Disorder and Obsessive-Compulsive Disorder*. Kentwood Preparatory School. Lantana, FL.
- Hoffman, J.H. (January 2017). Lecture. CBT for Tic Disorders: Conceptualization, Treatment, & Complexities. Behavior Therapy Training Institute (BTTI). Tampa, FL.
- Hoffman, Jonathan. (December 2016). Panelist in Town Hall Meeting Moderated by Adam Kuperstein, co-anchor NBC 6 News. Students Managing Stress; The Key to a Healthy Brain. Cypress Bay HS. Weston, Florida.
- Wood, J.J., Sachs, R., Gaus, V., Hoffman, J., Lerner, M. (October 2016). Clinical Roundtable. Mechanisms of Change in CBT for Autism Spectrum Disorder: Knowledge and Process-Based Interventions. Association for Behavioral and Cognitive Therapies Annual Convention. New York.
- Grayson, J., Davey, D., Hoffman, J.H. (July 2016). Panel Discussion. Families Heroic Acts Against OCD- an Intervention. International OCD Foundation Conference, Chicago, Illinois.

- Conroy, S., Jenike, M., Sisson, M.R., Hoffman, J.H., Smith, E. (July 2016). Town Hall. OCD and Addiction Town Hall: Next Steps! International OCD Foundation Conference, Chicago, Illinois.
- Sachs, R., Hoffman, J.H., Hudak, R., Tucker, B.T.P., Penzel, F. (July 2016). Town Hall. Live Your Best Life Anyway!: A Town Hall Experience with the OCD & Autism Spectrum Disorder Special Interest Group. International OCD Foundation Conference, Chicago, Illinois.
- Nadeau, J., Hoffman, J.H., Hudak, R., Storch, E. (July 2016). Panel Discussion. Assessment and Treatment of Individuals with OCD and Comorbid Autism Spectrum Disorder. International OCD Foundation Conference, Chicago, Illinois.
- Hoffman, J.H., Tafrete, R.C., Bishop, M.F., & Moritz, E.K. (November 2015). Clinical Round Table. Its Just Pot: Best Practices for Conceptualizing and Treating Marijuana Use in a Changing Societal and Clinical Landscape. ACBT 49th Annual Convention. Chicago, Illinois.
- Kerns, C., Sachs, R., Lerner, M., Gaus, V., & Storch, E., Hoffman, J.H. (November 2015). Clinical Round Table. Addressing Real & Imagined Constraints in Utilizing CBT for Autistic Spectrum Disorder (ASD): Best practices regarding applicability of CBT to ASD. ACBT 49th Annual Convention. Chicago, Illinois.
- Hoffman, J.H. (November 2015). Presentation for Public. Taking the Anxiety Out of Homework, Tests, and Time Management. Cypress Bay High School. Weston, FL.
- Hudak, R., Storch, E., Nadeau, J., Penzel, F., Hoffman, J.H. (August 2015). Panel Discussion. The Treatment of OCD In Adults and Children with Autism Spectrum Disorders: Ask the Experts. International OCD Foundation Conference, Boston, Massachusetts.
- Neziroglu, F., Hoffman, J.H., Abramowitz, J.S., Moritz, E.K. (August 2015). Workshop. How to Do Exposures for Complex OCD. International OCD Foundation Conference, Boston, Massachusetts.
- Smith, E.S., Jenike, M., Hoffman, J.H., Jenike, S., Sisson, M. (August 2015). Presentation. OCD and Addiction Town Hall. International OCD Foundation Conference, Boston, Massachusetts.
- Spielman, J., Moritz, E.K., Hoffman, J.H. (August 2015). 7th Annual IOCDF Fashion Show and Karaoke for Kids and Teens. International OCD Foundation Conference, Boston, Massachusetts.

- McKay, D., Hoffman, J.H., Coyne, L., Albano, A.M. (April 2015). Roundtable Discussion. Translating Clinical Trial Research to Direct Service Delivery: A View from Both Sides of the Aisle. Anxiety and Depression Association (ADAA) Conference, Miami, Florida.
- Hudak, R., Hoffman, J.H., Zuckerman, T., Spielman, J. (April 2015). Workshop. The Presentation and Treatment of OCD in Autism Spectrum Disorder. Anxiety and Depression Association (ADAA) Conference, Miami, Florida.
- Moritz, E.K., Hoffman, J.H., Herbert, J.D., Schare, M.L. (November 2014). Panel Discussion. Protecting the Practice of CBT. Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
- Hoffman, J.H. (October 2014). Presentation. Treatment of OC Behaviors in the Context of ASDs. Lindner Center of Hope, Cincinnati, Ohio.
- McKay, D., Hoffman, J.H., Weg, A. (July 2014). Panel Discussion. Wait, Is the Water in My Bong Contaminated? International OCD Foundation Conference, Los Angeles, California.
- Nadeau, J., Lewin, A., Penzel, F., Storch, E., Hoffman, J.H. (July 2014). Panel Discussion. Assessment and Treatment of Youth and Adults with OCD and Comorbid Autism Spectrum Disorders. International OCD Foundation Conference, Los Angeles, California.
- Spielman, J., Hoffman, J.H., Baumeister, A. (July 2014). 6th Annual Fashion Show and Karaoke for Kids and Teens. International OCD Foundation Conference, Los Angeles, California.
- Taboas, W.R., McKay, D., Hoffman, J.H. (July 2014). Panel Discussion. Incorporating Learning Theory Principles to Inform ERP in the Treatment of Complex OCD Symptoms. International OCD Foundation Conference, Los Angeles, California.
- Moritz, E.K., Herbert, J.D., Schare, M.L., Hoffman, J.H. (November 2013). Panel Discussion. Anxiety Disorders: Navigating Legal and Ethical Dilemmas. Association for Behavioral and Cognitive Therapies (ABCT) Convention, Nashville, Tennessee.
- Spielman, J., Hoffman, J.H., Moritz, E.K. (July 2013). 5th Annual IOCDF Karaoke and Fashion Show for Kids, Teens, and Parents. International OCD Foundation Conference, Atlanta, Georgia.
- Hudak, R., Hoffman, J.H., Claiborn, J., Mansueto, C., Penzel, F. (July 2013). Panel Discussion. Comorbid Autism & OCD. International OCD Foundation Conference, Atlanta, Georgia.
- Moritz, E.K., Hoffman, J.H., McKay, D., Witzig Jr., T. (July 2013). Panel Discussion. Use of Videoconferencing in OCD Treatment. International OCD Foundation Conference, Atlanta, Georgia.

- Hoffman, J.H., Moritz, E.K. (May 2013). Lecture to Professional Staff. Treatment of OC Behaviors in the Context of ASDs. OCD Institute, McLean Hospital, Belmont, Massachusetts.
- Hoffman, J.H., Moritz, E.K. (April 2013). Workshop. When Depression Complicates OCD Treatment. Anxiety Disorders and Depression (ADAA) Conference, La Jolla, California.
- Hsia, C., Mulcahy, K., Hoffman, J.H. (April 2013). Roundtable. Successes and Failures in Applying Technologies Naturalistically to Clinical Settings. Anxiety Disorders and Depression (ADAA) Conference, La Jolla, California.
- Hoffman, J.H., Hsia, C., Moritz, E.K. (April 2013). Roundtable. Can an Academic Learning Strategies Program Enhance Treatment for Pediatric Anxiety and Depression? Anxiety Disorders and Depression (ADAA) Conference, La Jolla, California.
- Hoffman, J.H. (March, 2013). Presentation. Raising Emotionally Capable Children. St. Mark's Episcopal Church and School, Oakland Park, Florida.
- Hoffman, J.H., Moritz, E.K. (February 2013). Lecture. Anxiety Disorders and PTSD. National Ability Center, Park City, Utah.
- Hoffman, J.H., Moritz, E.K. (July 2012). Presentation. Obsessive Compulsive Behaviors and Autistic Spectrum Disorders: Developmental Perspectives and Practical Strategies. International OCD Foundation Conference, Chicago, Illinois.
- Hoffman, J.H., Poskar, S., Sachs, R.E. (July 2012). Presentation. OCD and Dating. International OCD Conference, Chicago, Illinois.
- Hoffman, J.H. (April 2012). Clinical Workshop. Identifying Subtle Avoidance Behaviors That Interfere with Exposure-based Therapies. Anxiety and Depression Association of America Annual Conference. Arlington, Virginia.
- Moritz, E. K., Hoffman, J.H., Herbert, J.D., Szymanski, J., & Tanaka-Matsumi, J. (November 2011). Panel Discussion. Legal and Clinical Perspectives in Using Teleconferencing in CBT. Annual Convention for the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Weg, A.H., Hoffman, J.H., & Moritz, E.K. (July, 2011). Lecture. Challenges of Living with and Treating Autism/Asperger's. International OCD Foundation Conference, San Diego, California.
- Spielman, J., & Hoffman, J.H. (July 2011). Workshop. ERP Gone Wild 2: More Creative Ideas for Exposure. International OCD Foundation Conference, San Diego, California.

- Moritz, E.K., Spielman, J., Hoffman, J.H., & Cugnetto, M. (July 2011). 3rd Annual IOCDF Fashion Show and Karaoke. International OCD Foundation, San Diego, California.
- Hoffman, J.H., Elias, J., Szymanski, J., & Levine, A. (July 2011). Panel Discussion. Teletherapy and Videoconferencing in OCD Treatment: Weighing the Benefits and Risks. International OCD Foundation, San Diego, California.
- Hoffman, J.H. (April 2011). Presentation for Parents and Faculty. Building Resilient Children: From the Ground, Up. Pine Crest Preparatory School. Ft. Lauderdale, Florida.
- Moritz, E.K., & Hoffman, J.H. (March 2011). Clinical Presentation. Obsessive-Compulsive Disorder and Movement: It's More Than Just Tics. Annual Conference of Anxiety Disorders of America (ADAA), New Orleans, Louisiana.
- Hsia, C., Moritz, E.K., & Hoffman, J.H. (March 2011). Clinical Workshop. CBT Treatment of OCD and Other Anxiety Disorders Across Cultures. Annual Conference of Anxiety Disorders of America (ADAA), New Orleans, Louisiana.
- Hoffman, J. H. (March 2011). TV Show Episode. Hoarding: Buried Alive. TLC, A Discovery Company.
- Hoffman, J.H., (February 2011). Lecture. Complexities of OCD Treatment in the Wilderness. Second Nature Wilderness Program. Salt Lake City, Utah (via Teleconference).
- Moritz, E.K., & Hoffman, J.H. (November 2010). Using Technology in CBT Treatment of OCD. Presented at the Association for Behavioral and Cognitive Therapies' 44th Annual Conference, San Francisco, California.
- Hoffman, J.H., & Moritz, E.K. (November 2010). Seminar. ADHD and OCD: Treatment Modifications to Address Impulsivity and Compulsivity. Presented at the Children and Adults with Attention Deficit/Hyperactivity Disorder's (CHADD) 22nd Annual Conference, Atlanta, Georgia.
- Hoffman, J.H., Kothari, P., & Storch, E. (July 2010). Panel Discussion. Researching OCD with Co-Morbid ADHD, Tic Disorders, and Autism Spectrum Disorders. International OCD Foundation Conference. Washington, DC.
- Spielman, J., & Hoffman, J.H. (July 2010). Workshop. ERP Gone Wild: Innovative Ideas for Exposure Exercises. International OCD Foundation Conference, Washington, DC.
- Hoffman, J.H., & Spielman J. (July 2010). Workshop. 2nd Annual IOCDF Fashion Show and Karaoke. International OCD Foundation Conference, Washington, DC.

- Moritz, E.K., Hoffman, J.H. & Spielman, J. (July 2010). Workshop. CBT for Pediatric OCD - Integrating Creativity & Evidence-Based Treatment. Florida Psychological Association, St. Petersburg, Florida.
- Hoffman, J.H., Moritz, E.K. & Rickel, J. (July 2010). Workshop. Complex Cases - When is Placement Needed & How to Do It? Florida Psychological Association, St. Petersburg, Florida.
- Moritz, E.K., Hoffman, J.H., Neziroglu, F, & Khemlani-Patel, S. (June 2010). Panel Discussion. Integrating Developmental Stages in the Treatment of Pediatric Obsessive-Compulsive Disorder. World Congress of Behavioral and Cognitive Therapies, Boston, Massachusetts.
- Hoffman, J.H. (October 2009). Parent Workshop. Utilizing CBT for Obsessive Compulsive Behaviors in Children with Autistic Spectrum Disorders. Children's Unicorn Foundation Conference, Florida Atlantic University, Boca Raton, Florida.
- Hoffman, J.H. (September 2009). Lecture. Complexities of Obsessive-Compulsive Behaviors and Illegal and Addictive Behaviors in Autistic Spectrum Disorders. University of Miami/CARD, Miami, Florida.
- Hoffman, J.H., Moritz, E.K., & Spielman, J. Lecture. (August 2009). Utilizing CBT for Treatment of Autistic Spectrum Disorders in Children with OCD. Obsessive-Compulsive Foundation Conference. Minneapolis, Minnesota.
- Spielman, J., Cugnetto, M., Hoffman, J.H. (August 2009). Workshop. Is it Fun or is it Therapy? Group Treatment for Kids with OCD and Autistic Spectrum Disorders. Obsessive-Compulsive Foundation Conference. Minneapolis, Minnesota.
- Hoffman, J.H., Moritz, E.K., Spielman, J., Storch, E. (August 2009). Lecture. Technology in OCD Treatment. Obsessive-Compulsive Foundation Conference. Minneapolis, Minnesota.
- Hoffman, J.H. (August 2009). Lecture. How CBT Can Help Children and Adolescents with OCD Who Have Tics. Obsessive-Compulsive Foundation Conference. Minneapolis, Minnesota.
- Hoffman, J., Spielman, J. (March 2009). Lecture for Professionals. Hoarding and Other OCD Conditions. Jewish Community Center, Miami, Florida.
- Hoffman, J.H. (2009 March). Lecture for Professional Staff. Neurobehavioral Conditions: What Substance Abuse Professionals Need to Know. ABC Recovery Center. Indio, California.
- Hoffman, J.H. (2009 March). Radio Show. Anxiety Disorders. Guest panelist for Sirius XM radio show.

- Hoffman, J.H. & Moritz, E.K. (February 2009). Workshop for Psychologists. Understanding Tics and Treatment of OCD for Children and Adults: What is New and What Works? Dade-Monroe Chapter of the Florida Psychological Association. Miami, FL.
- Hoffman, J.H. & Moritz, E.K. (January 2009). Public Lecture. Parenting Strategies. Mary Help of Children. Parkland, FL.
- Hoffman, J. H. (September 2008). Lecture for Professional Staff. Body Focused Repetitive Behaviors. Miami Children's Hospital, Dan Marino Center. Weston, FL.
- Hoffman, J. H., Hoaglund, S., & Marigliano, M.L. (June 2008). Workshop. Autism: The Unique Museum and Theater Experience. The John F. Kennedy Center for the Performing Arts L.E.A.D. Conference. Broward Center for the Performing Arts. Ft. Lauderdale, FL.
- Hoffman, J. H. (April 2008). TV News Segment. Tourette's Syndrome. ABC Affiliate. South Florida.
- Hoffman, J.H. & Greer. B. (February 2008). Parent Workshop. Positive Parenting. Mary Help of Children's. Parkland, FL.
- Hoffman, J.H. & Aronson-Ramos, J. (October 2007). Workshop. Integration of Medical and Psychological Therapies for Children with Neurodevelopmental Disorders. The Children's Unicorn Foundation. Florida Atlantic University. Boca Raton, FL
- Hoffman, J.H. & Spielman, J. (July 2007). Workshop. OCD and Autism. Obsessive Compulsive Foundation National Convention. Houston, TX.
- Hoffman, J.H. (May 2007). Lecture. Obsessive Compulsive Behaviors in Autism and the Autistic Spectrum. Autism and Co-Existing Mental Health Disorders Conference (Sponsored by CARD, University of South Florida and the Florida Center for Inclusive Communities). Tampa, FL.
- Hoffman, J.H. (April 2007). Lecture. Understanding Anxiety and Perfectionism in High Achieving Children. Pinecrest Preparatory School Parent Meeting. Ft. Lauderdale, FL.
- Hoffman, J. H. (March 2007) Workshops. Skin Picking. Trichotillomania Learning Center National Conference, Arlington, VA.
- Hoffman, J. H. (March 2007) Workshop. Trichotillomania. Trichotillomania Learning Center National Conference, Arlington, VA.

- Hoffman, J.H. (February 2007). Lecture. OCD and the Autistic Spectrum. Celebrating Differences Day. Boynton Beach, FL.
- Hoffman, J.H. (December 2006). Workshop. Parent Strategies for the Autistic Spectrum. Center for Autism and Related Conditions, Weston, FL.
- Hoffman, J.H. (January 2005). Lecture. Anxiety and Self-Control Issues. Men's Health Fair, Miccosukee Reservation, South Florida.
- Hoffman, J.H. (February 2005). Workshop. Behavior Therapy/Autistic Spectrum Disorders. Miami Children's Hospital, Dan Marino Center. Weston, FL.
- Hoffman, J.H., & Spielman, J. (December 2004). TV News Segment. OCD in Children. ABC Affiliate, South Florida.
- Hoffman, J.H. (November 2003). Lecture. Cognitive Behavioral Approaches to Obsessive Compulsive Aspects of Eating Disorders. Renfrew Foundation National Conference, Philadelphia, PA.
- Hoffman, J.H. (February 2003). Workshop. Understanding OCD in the Autistic Spectrum. Center for Autism and Related Disorders, University of Miami, Miami, FL.
- Hoffman, J.H. (September 2003). TV Shows. Parenting Anxious Children and Stress Management. Produced by Nova Southeastern University for public broadcasting networks. Davie, FL.
- Hoffman, J.H. (May 2003). Public Workshop. Parenting Children and Adolescents with Anxiety Problems. North Miami Beach, FL.
- Hoffman, J.H. (April 2003). Staff Workshop. Update on Cognitive-Behavioral Treatment of Asperger's Syndrome. Dan Marino Center, Miami Children's Hospital. Weston, FL.
- Hoffman, J.H. (February 2003). Lecture. Cognitive-Behavioral Strategies for Eating Disorders. The Renfrew Center. Coconut Creek, FL.
- Hoffman, J.H. (October 2002). Public Lecture. Understanding Obsessive-Compulsive Related Conditions. Psychology Wellness Fair. Davie, FL.
- Hoffman, J. H. (October 2002). Grand Rounds Lecture and subsequent Workshop for family physicians and medical residents. Clinical Complexities of Food Rituals. University Hospital, Stony Brook University. Stony Brook, NY.

- Hoffman, J.H. (July 2002). Lecture. Cognitive and Behavioral Strategies for Asperger's Disorder and Autism. CARD Center. Miami Children's Hospital, Dan Marino Center, Weston, FL.
- Hoffman, J.H. (April 2002). Americorp. Staff Development Workshop. Lauderhill, FL
- Hoffman, J.H. (September 2001). Parent Teacher Association. Anger Management. Horizon School, Plantation, FL.
- Hoffman, J.H. (December 2000). Staff Presentation. Eating Disorders. Miami Children's Hospital Dan Marino Center, Weston, FL.
- Hoffman, J.H. (October 2000). Lecture and Workshop. Anorexia and OCD. State University of New York at Stony Brook, Stony Brook, N.Y. (on steering committee for this national eating disorders conference).
- Hoffman, J.H. (October 2000). Presentation. Obsessive Compulsive Spectrum Disorders in Children. Miami Children's Hospital Dan Marino Center, Weston, FL.
- Hoffman, J. H. (May 2000). Guest Lecture. Psychopharmacological Approaches to Mood Disorders. Hofstra University Psychology Graduate Program. Hempstead, N.Y.
- Hoffman, J.H. (May 2000). Continuing Education Lecture and Workshop for School Psychologists. Anxious and Obsessive Compulsive Conditions in the School. Massapequa School District, Massapequa, N.Y.
- Hoffman, J.H. (January 2000). Lecture. Special Education Parents and Teachers's Association Presentation. Perfectionism and the School. Bellmore-Merrick School District, Merrick, N.Y.
- Hoffman, J.H. (1 November 1999). Superintendent's Day Speaker. The Obsessive Compulsive Spectrum Disorders. Roslyn School District, Roslyn, N.Y.
- Hoffman, J.H. (May 1999). Workshop. Adolescents and Perfectionism: How trying too hard could leave parents and their children with less than they bargained for. Calhoun High School, Bellmore, N.Y.
- Hoffman, J.H. (March 1999). Lecture. From Readiness to Relapse Prevention: Issues for the Integrated Treatment of OCD. OCD Support Group of Philadelphia. Philadelphia, PA.
- Hoffman, J.H. (March 1999). T.V. Show. OCD. The God Squad, Telecare Cable Network. Uniondale, N.Y.

- Hoffman, J.H. (March 1999). Lecture. Obsessive Compulsive Disorder in School Children and Adolescents. ASPIRE (School Social Workers and Drug Counselors of Nassau County). Westbury, N.Y.
- Hoffman, J.H. (November 1998). Lecture. Emotional Intelligence and Money. Brookhaven National Laboratory. Upton, N.Y.
- Hoffman, J.H. (November 1998). Lecture. Women Trying to be Perfect: At What Cost? Pathways Women's Health Center. Manhasset, N.Y.
- Hoffman, J.H. (October 1998). Lecture. Identifying and Treating Children and Adolescents with Obsessive-Compulsive Spectrum Disorders. Bellmore-Merrick School District, N.Y.
- Yaryura-Tobias, J.A., Neziroglu, F. & Hoffman, J.H. (June 1998). Full Day Course. Therapeutic Puzzle: OCD. American Psychiatric Association Convention, Toronto, Canada.
- Hoffman, J.H. (March 1998). Lecture. Families Coping with Borderline Personality Disorder. TARA consumer group, Great Neck, N.Y.
- Hoffman, J.H. (March 1998). Lecture. Women Trying to be Perfect; At What Cost? Pathways Women's Health, Manhasset, N.Y.
- Hoffman, J.H. (November 1997). Lecture. Career Development and Opportunities. Graduate Psychology Program, Fordham University, Bronx, N.Y.
- Hoffman, J.H. (November 1997). Grand Rounds Lecture. Psychobiology- Behavior Therapy, and OCD. North Shore University Hospital, Manhasset, N.Y.
- Hoffman, J.H. (March 1997). Lecture. Substance Abuse and Obsessive-Compulsive Conditions Among Clients on Probation. Counseling Service Eastern District, Brooklyn, N.Y.
- Hoffman, J.H. (January 1997). Lecture. Perfectionism, Obsessive-Compulsive Disorder, and Attention-Deficit Disorder. Special Education Parents and Teachers Association, North Shore High School, Glen Cove, N.Y.
- Yaryura-Tobias, J.A., Neziroglu, F., Lachenmeyer, J. R., Hoffman, J.H., & Budmin, C.L. (December 1996). Symposium. An Update on Obsessive-Compulsive Disorder. North Shore University Hospital, Manhasset, N.Y.
- Hoffman, J.H. (October 1996). Guest Lecture. Medication and Psychotherapy for Depression. Doctoral Program in Clinical/School Psychology, Hofstra University, Hempstead, N.Y.

- Hoffman, J.H. (October 1996). Lecture. More about Perfectionism and Related Conditions. Brookhaven National Laboratory (Occupational Medicine Clinic, Outreach Presentation). Upton, N.Y.
- Hoffman, J.H. (June 1996). Lecture. Perfectionism, a Blessing or a Curse? Brookhaven National Laboratory (Occupational Medicine Clinic, Outreach Presentation). Upton, N.Y.
- Hoffman, J.H. & Anderson, M. (May 1996). Lecture. Behavior and Cognitive Therapy for Obsessive-Compulsive Disorders. Inpatient Psychiatric Unit, North Shore University Hospital, Manhasset, N.Y.
- Hoffman, J. H. (May 1996). Lecture. Obsessive-Compulsive Disorder: A Focus on the Family. Alliance for the Mentally Ill/People Acting Together with Hope. Hillside Hospital, Lake Success, N.Y.
- Yaryura-Tobias, J.A., Neziroglu, F., & Hoffman, J.H. (May 1996). Full Day Course. Biobehavioral Treatment of Obsessive Compulsive Spectrum Disorders. American Psychiatric Association Convention. New York, N.Y.
- Hoffman, J.H. (October 1995). Lecture. Psychopharmacological Treatment of Depression. Hofstra University Doctoral Program in Clinical and School Psychology, Hempstead, N.Y.
- Hoffman, J.H., Alssid, L., & Gisondo, J. (September 1995). Workshop. A Graduate Student's Guide to Managed Care and HMOs. Nassau County Psychological Association.
- Hoffman, J.H. (July 1995). Lecture for Professionals. Treatment of OCD. Empire Mental Health Choice. New York, N.Y.
- Hoffman, J.H. (June 1995). T.V. Show. Attention Deficit Disorder. Host: Debra Wasser. LTV. East Hampton, N.Y.
- Hoffman, J.H., (April 1995). Radio Show. Attention Deficit Disorder and OCD. Host: Debra Wasser. WDRE FM, Garden City, N.Y.
- Hoffman, J.H. (March 1995). Workshop. OCD and Related Disorders in Children. Northport, N.Y. School District
- Yaryura-Tobias, J.A., Neziroglu, F.A. & Hoffman, J.H. (March 1995). Lecture and Workshop for Professionals. The Bio-Behavioral Approach to Obsessive-Compulsive Disorders. New York.
- Hoffman, J.H. (February 1995). Presentation for Clinical Psychology Interns. Assessment of OCD. South Oaks Hospital. Amityville, N.Y.

- Neziroglu, F.A., Yaryura-Tobias, J.A., Hoffman, J.H. (May 1994). Lecture. Anxiety Disorders. Sponsored by South Oaks Hospital, NAMI and Freedom from Fear for National Anxiety Disorders Day. Amityville, N.Y.
- Hoffman, J.H. (1994, March). Lecture. Management of OCD and Related Conditions. Guest Lecturer in Psychopathology. Werzweiler Graduate School of Social Work, Yeshiva University, New York, New York.
- Hoffman, J.H. (October 1993). Lecture. How to Cope with Loneliness and Anxiety. Sponsored by New Outlook Senior Citizens Group, Plainview, N.Y.
- Hoffman, J.H. (October 1993). Radio Show. Social Anxiety and Substance Abuse. Host: Dr. Mel Katz. WDRE, FM 92.7. N.Y.
- Hoffman, J.H. (May 1993). Lecture. OCD and Substance Abuse. OCD Support Group, New York, N.Y.
- Hoffman, J.H. (March 1993). Lecture. Behavior Therapy for Panic Disorder. Anxiety Disorder Self-Help Group, Suffolk, N.Y.
- Hoffman, J.H., Neziroglu, F.A., Yaryura-Tobias, J.A. (February 1993). Lecture for Professionals. Treatment of OCD and Related Conditions. South Oaks Hospital, Amityville, N.Y.
- Hoffman, J.H., Neziroglu, F.A., Yaryura-Tobias, J.A. (September 1992). Workshop. How to Cope with OCD and Related Disorders. Suffolk County Psychological Association. Long Island, NY.
- Hoffman, J.H. (September 1992). Lecture for Professionals. Treatment of OCD and Related Conditions, South Oaks Hospital. Amityville, N.Y.
- Hoffman, J.H., & Neziroglu, F.A. (May 1991). Workshop for School Psychologists. Treatment of Obsessive-Compulsive Disorder, Institute for Bio-Behavioral Therapy and Research, Great Neck, N.Y.
- Hoffman, J.H. (February 1991). Lecture for Nursing Staff. Treatment of OCD. Winthrop University Hospital, Mineola, N.Y.
- Hoffman, J.H. (February 1990). Lecture for Professionals. Behavioral Treatment of Anxiety and Eating Disorders. Diabetes Information Center, Queens, N.Y.
- Hoffman, J.H. (August 1989). Lecture For Alcohol Counselors. Neuropsychological Screening for Inpatient Alcoholics. Brunswick House, Amityville, N.Y.

Hoffman, J.H. (May 1989). Workshop. Drug Abuse in the Schools. Deer Park School District.

Hoffman, J.H. (February 1989). Lecture for Activity Department. Behavior Therapy for Adolescents. Brunswick Hospital Center, Amityville, N.Y.

DOCTORAL DISSERTATIONS AND DIRECTED STUDY

Committee Member Mindi Villano
Hofstra University, 1998
Stages of Change Assessment in Obsessive Compulsive Disorder

Committee Member E. Katia Moritz
Hofstra University, 1998
Behavioral Games in the Treatment of Childhood Obsessive Compulsive Disorder

Committee Member Gina M. Geremia
Hofstra University, 1997
Cognitive Therapy in the Treatment of Body Dysmorphic Disorder

Committee Member Mark C. Anderson
Hofstra University, 1996
Effect of Exposure and Response Prevention in Reducing Anxiety in Hypochondriasis

Committee Member Dean McKay
Hofstra University, 1993
Alcohol Consumption and Expectancies in the Balanced Placebo Design: Model Testing and Meta-Analysis

Committee Member James Lemli
Hofstra University, 1991
Obsessive-Compulsive Disorder and Hypnosis

Psy.D. Directed Study, Second Reader Jessica Hanson
Nova Southeastern University
Methods for Engaging Youth in Obsessive-Compulsive Disorder Treatment

PROFESSIONAL MEMBERSHIPS

Society for a Science of Clinical Psychology
Florida Psychological Association
FPA Broward County Chapter Board Member, Legislative Affairs and Public Policy Co-Chair,
2016-present.
(Past member) Nassau County Psychological Association (Executive Board Member, 1993-1997;
Committee Member, 1997-2000)
Association for Behavioral and Cognitive Therapies (ABCT)
Program Committee Member, ABCT Convention, 2015
International OCD Foundation (IOCDF)
Behavior Therapy Training Institute Faculty Member
On-line Consultation Faculty
Co-Chair ASD and OCD Special Interest Group (SIG)
Trichotillomania Learning Center
American Board of Professional Psychology (ABPP)
American Academy of Cognitive and Behavioral Psychology.
Anxiety and Depression Association of America (ADAA)
Association for Contextual Behavior Science (ACBS)

References available upon request