

CURRICULUM VITAE  
**E. Katia Moritz, Ph.D., ABPP**  
Board Certified in Cognitive and Behavioral Psychology

PERSONAL INFORMATION

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Office Address: NeuroBehavioral Institute  
*Weston, FL* 2233 North Commerce Parkway, Suite 3  
Weston, FL 33326  
Phone Number: 954-217-1757  
Fax Number: 954-385-3807

State of Florida Psychologist License: PY 5997 (1999)  
State of Utah Psychologist License: 8229401-2501 (2012)  
State of New York Psychologist License: 021283-1 (2015)

EDUCATION & TRAINING

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Doctor of Philosophy in Clinical and School Psychology, January 1998  
**Hofstra University, Hempstead, NY**

Master of Arts in Psychology, July 1994  
**Hofstra University, Hempstead, NY**

Licensed in Clinical Psychology, December 1990  
**Pontificia Universidade Catolica do Rio de Janeiro (Catholic University of Rio de Janeiro),  
Brazil**

Bachelor of Arts in Psychology, December 1989  
**Pontificia Universidade Catolica do Rio de Janeiro (Catholic University of Rio de Janeiro),  
Brazil**

SPECIALTY BOARD CERTIFICATION

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Board Certified by the American Board of Professional Psychology (ABPP) in Cognitive and Behavioral Psychology, November 2011

PROFESSIONAL EXPERIENCE & TRAINING

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**IOCDF Behavior Therapy Training Institute**, St. Petersburg, FL  
Faculty  
January 2013

**NeuroBehavioral Institute**, Weston, FL  
Clinical Director and Anxiety Disorders Program Director  
May 2001 to Present

PROFESSIONAL EXPERIENCE & TRAINING (cont.)

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**Miami Children's Hospital Dan Marino Center, Weston, FL**

Founder of the first South Florida support group for children suffering from Obsessive Compulsive Disorder  
May 1998 to present.

**Miami Children's Hospital Dan Marino Center, Weston, FL**

Director of the Anxiety Disorders Program  
May 1998 to January 2004

**Miami Children's Hospital Dan Marino Center, Weston, FL**

Psychology Resident  
April 1998 to April 1999  
Completed 2000 hours of patient care for licensure purposes

**Great Neck North High School, Great Neck, NY**

School Psychology Intern  
July 1995 to June 1996  
School Psychology internship. Psychological testing, tri-annual evaluations and educational counseling

**Creedmoor Psychiatric Center/Richmond Hill Outpatient Division, Richmond Hill, NY**

Intern  
August 1994 to December 1994  
Internship placement. Provided group and individual treatment for patients enrolled at the continuing day treatment center

**Institute for Bio-Behavioral Therapy and Research, Great Neck, NY**

Therapist  
June 1992 to February 1998  
Provided Cognitive-Behavioral Treatment for patients exhibiting Obsessive Compulsive Disorder, Body Dysmorphic Disorder, and Panic Disorder. Treatment involved both individual and group therapy under the supervision of Fugen Neziroglu, Ph.D.

**Institute for Bio-Behavioral Therapy and Research, Great Neck, NY**

Facilitator of the Obsessive Compulsive Disorder Support Group  
June 1992 to February 1998

**Albert Ellis Institute, New York, NY**

Visiting Professional

January 1992 to July 1992

Conducted an average of 200 hours of group therapy with Dr. Albert Ellis, 150 hours of supervision and 60 hours of workshop training

#### PROFESSIONAL EXPERIENCE & TRAINING (cont.)

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**Private Practice, Rio de Janeiro, Brazil**

Licensed Psychologist

December 1990 to December 1991

Provided psychological services to clients with multiple diagnoses

**Jorge Jaber Treatment Program, Rio de Janeiro, Brazil**

Licensed Psychologist

March 1990 to December 1991

Developed and implemented behavioral therapy for drug addicts in a multi-disciplinary team, during hospitalization and outpatient follow-up treatment

**Applied Psychological Services, Catholic University of Rio de Janeiro, Rio de Janeiro, Brazil**

Therapist

February 1990 to December 1990

Conducted individualized treatment with low-income individuals.

500 hours of supervision and training

**Psychiatric Hospital, Casa de Saude Humaita, Rio de Janeiro, Brazil**

Undergraduate Intern

June 1989 to December 1989

Triage work, intakes and assessments

**Gafree Guinle Hospital, Rio de Janeiro, Brazil**

Undergraduate Intern

March 1988 to December 1989

Individual and family counseling with children with medical illnesses and their families

#### PROFESSIONAL AFFILIATIONS

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American Academy of Cognitive and Behavioral Psychology

American Psychological Association

Florida Psychological Association

Association for Behavioral and Cognitive Therapies

Children and Adults with Attention-Deficit/Hyperactivity Disorder

International Obsessive Compulsive Disorder Foundation

IOCDF Florida Chapter

Anxiety Disorders Association of America

#### OFFICES/POSITIONS HELD

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Member of Scientific and Clinical Advisory Board, International OCD Foundation  
January 2013 to Present

#### PUBLICATIONS

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Moritz, E. Katia (2012). Learning to Learn: Beyond Tutoring. *Weston Lifestyle Magazine*, Vol. 10 Number 1, 80.

Moritz, E. Katia (2011). *Blink, Blink, Clop, Clop: An OCD Storybook*. Florida: Weston Press, LLC., ISBN: 9780983454922

Hoffman, J.H., Storch, E., Moritz, E. Katia, & Spielman, J. (2010). Integrating technology into Cognitive-Behavioral Treatment for OCD. *International Obsessive Compulsive Foundation Newsletter*, Vol. 24 Number 1, 13-15.

Moritz, E. K. (1998). *Working with Obsessive Compulsive Disorder in Children (Audio and Video Training Program)*. New York: Childsworld Childsplay.

Moritz, E. K., & Jablonski, J. (1998). *Blink, Blink, Clop, Clop, Why do we do things we can't stop*. New York: Childsworld Childsplay.

Moritz, E. K. (1998). *Forms for Helping Children With OCD*. New York: Childsworld Childsplay.

Moritz, E. K. (1998). *Behavior therapy in game format for the treatment of childhood Obsessive Compulsive Disorder*. Unpublished doctoral dissertation, Hofstra University, Hempstead, NY.

Moritz, E. K. (1998). *Behavior therapy in game format for the treatment of childhood Obsessive Compulsive Disorder*. Unpublished doctoral dissertation, Hofstra University, Hempstead, NY.

Moritz, E.K., Kent K., Grunes, M., Salzinger, K., & Neziroglu, F. (1997). Behavioral treatment for childhood Obsessive Compulsive Disorder. A pilot study. *Brazilian Journal of Psychiatry*, 46, 523-525.

- McKay, D., Todaro, J., Neziroglu, F., Campisi, T., Moritz, E.K., & Yaryura-Tobias, J. (1997). Body Dysmorphic Disorder: A preliminary evaluation of treatment and maintenance using Exposure with Response Prevention. *Behavior Research and Therapy*, 35, 67-70.
- Neziroglu, F., Yaryura-Tobias, J., & Moritz, E.K. (1995). Body Dysmorphic Disorder. Disorder do corpo dismorfico. In B. Range (Ed.), *Psicoterapia Comportamental Cognitiva de Transtornos Psiquiatricos*, (pp. 123-131). Campinas, Brazil: Editora Psy II.
- Moritz, E.K. (1989). *Panic Disorder and Assertiveness*. Dissertation. Catholic University of Rio de Janeiro, Brazil.

## SELECTED PRESENTATIONS

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- Neziroglu, F., Hoffman, J.H., Abramowitz, J.S., Moritz, E.K. (August, 2015). *How to Do Exposures for Complex OCD*. Workshop presented at the International OCD Foundation 22<sup>nd</sup> Annual Conference, Boston, MA.
- Spielman, J., Moritz, E.K., Hoffman, J.H. (August, 2015). *7<sup>th</sup> Annual IOCDF Fashion Show & Karaoke for Kids & Teens*. International OCD Foundation 22<sup>nd</sup> Annual Conference, Boston, MA.
- Moritz, E.K. (April, 2015). *Navigating Legal and Ethical Dilemmas in the Treatment of Anxiety Disorders*. Workshop at the Anxiety and Depression (ADAA) Conference, Miami, FL.
- Moritz, E.K., Hoffman, J.H., Herbert, J.D., Schare, M.L. (November, 2014). *Protecting the Practice of CBT*. Panel Discussion at the Association for Behavioral and Cognitive Therapies (ABCT) Convention, Philadelphia, PA.
- Moritz, E.K., Schare, M.L., McKay, D., Grayson, J.B. (November, 2013). *Exposure Therapy Revealed: Practical Solutions for Your Patients*. Clinical Round Table Panelist at the Association for Behavioral and Cognitive Therapies (ABCT) Convention, Nashville, TN.
- Moritz, E.K., Hoffman, J., Herbert, J.D., Schare, M.L. (November, 2013). *Anxiety Disorders: Navigating Legal and Ethical Dilemmas*. Panel Discussion at the Association for Behavioral and Cognitive Therapies (ABCT) Convention, Nashville, TN.
- Moritz, E.K., Elias, J., Meade, J. (July, 2013). *KIDS: Exercise Your Demons! An Active Approach to ERP (Intermediate)*. Interactive Workshop presented at the International OCD Foundation 20<sup>th</sup> Annual Conference, Atlanta, GA.

- Moritz, E.K., Smith, L., Smith, S., Davey, D., Smith, E. (July, 2013). *Family Matters (Introductory)*. Workshop presented at the International OCD Foundation 20<sup>th</sup> Annual Conference, Atlanta, GA.
- Moritz, E.K., Hoffman, J.H., Spielman, J. (July, 2013). *5<sup>th</sup> Annual IOCDF Karaoke and Fashion Show for Kids, Teens, and Parents*. International OCD Foundation 20<sup>th</sup> Annual Conference, Atlanta, GA.
- Moritz, E.K., Hoffman, J.H., McKay, D., Witzig Jr., T. (July, 2013). *Use of Videoconferencing in OCD Treatment (Intermediate)*. Panel Discussion presented at the International OCD Foundation 20<sup>th</sup> Annual Conference, Atlanta, GA.
- Moritz, E.K. (2013, May). *Pediatric Anxiety Disorders: Evidence Based Treatments*. Clinical Workshop presented at National Ability Center (NAC), Park City, UT.
- Moritz, E.K., Hoffman, J.H. (2013, May). *Treatment of OC Behaviors in the Context of ASDs*. Lecture to Professional Staff at the OCD Institute, McLean Hospital, Belmont, MA.
- SELECTED PRESENTATIONS (cont.)
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- Moritz, E.K., Hoffman, J.H. (2013, April). *When Depression Complicates OCD Treatment*. Presented at the Anxiety Disorders and Depression Conference (ADAA), La Jolla, CA.
- Moritz, E.K., Hoffman, J.H., Hsia, C. (2013, April). *Can an Academic Learning Strategies Program Enhance Treatment for Pediatric Anxiety and Depression?* Presented at the Anxiety Disorders and Depression Conference (ADAA), La Jolla, CA.
- Moritz, E.K. (2013, April). *Building Empathy, Resilience, and Coping Skills*. Presented at Park City Day School, Park City, UT.
- Moritz, E.K., Hoffman, J.H. (2013, February). *Anxiety Disorders and PTSD*. Presented at the National Ability Center, Park City, UT.
- Moritz, E.K. (2013, January). Lecture Series. *Childhood Anxiety Disorders*. Presented at Wasatch Pediatrics Inc., Salt Lake City, UT.
- Moritz, E.K., Hoffman, J.H. (2012, July). *Obsessive Compulsive Behaviors and Autistic Spectrum Disorders: Developmental Perspectives and Practical Strategies*. Presented at the International OCD Foundation 19<sup>th</sup> Annual Conference, Chicago, IL.
- Smith, E.S., Moritz, E.K., Elias, J., Gruner, N., Otelsberg, M. (2012, July). *Handing Over the Keys*. Presented at the International OCD Foundation 19<sup>th</sup> Annual Conference, Chicago, IL.

Moritz, E.K. (2012, April). *Entrepreneurship in Psychology*. Presented at Hofstra University, Hempstead, N.Y.

Moritz, E.K. (2012, April). *Treating OCD in Children with Biblio-exposure*. Presented at Hofstra University, Hempstead, N.Y.

Moritz, E. K. (2012, February). *Relational Aggression also known as Mean Girls*. Presented at St. Mark's Episcopal Church and School, Fort Lauderdale, FL.

Moritz, E. K., Hoffman, J.H., Herbert, J.D., Szymanski, J., & Tanaka-Matsumi, J. (2011, November). Panel Discussion. Legal and Clinical Perspectives in Using Teleconferencing in CBT. Annual Convention for the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Moritz, E. K. (2011, August). *Cognitive Behavioral Concepts: Practical Applications for Schools*. Presented at Pine Crest School, Fort Lauderdale, FL.

Weg, A. H., Hoffman, J. H., & Moritz, E.K. (2011, July). *Challenges of Living with and Treating OCD with Autism/Aspergers*. Presented at the International OCD Foundation 18<sup>th</sup> Annual Conference, San Diego, CA.

#### SELECTED PRESENTATIONS (cont.)

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Moritz, E.K., Elias, J., Hoffman, J.H., Storch, E., & Szymanski, J. (2011, July). *Teletherapy and Videoconferencing in OCD Treatment: Weighing the Benefits and Ricks*. Presented at the International OCD Foundation 18<sup>th</sup> Annual Conference, San Diego, CA.

Cugnetto, M.L., & Moritz, E.K. (2011, March). *CBT for OCD in Español: Tailoring Treatment for the Hispanic Community*. Presented at the Anxiety Disorders Association of America's 31<sup>st</sup> Annual Conference, New Orleans, LA.

Khemlani-Patel, S., Moritz, E.K., & Hoffman, J.H. (2011, March). *CBT Treatments of OCD and Other Anxiety Disorders Across Cultures*. Presented at the Anxiety Disorders Association of America's 31<sup>st</sup> Annual Conference, New Orleans, LA.

Moritz, E.K., & Hoffman, J.H. (2011, March). *Creative Cognitive-Behavioral Therapy for Pediatric Obsessive-Compulsive Disorder: Developmental Perspectives and Methodologies*. Presented at the Anxiety Disorders Association of America's 31<sup>st</sup> Annual Conference, New Orleans, LA.

Hoffman, J.H., & Moritz, E.K. (2011, March). *Obsessive-Compulsive Disorder and Movement: It's More Than Just Tics*. Presented at the Anxiety Disorders Association of America's 31<sup>st</sup> Annual Conference, New Orleans, LA.

- Moritz, E.K. (2011, February). *Understanding the Treatment of Pediatric OCD*. Presented at a Florida Psychological Association event at Nova Southeastern University, Davie, FL.
- Mortiz, E.K., & Hoffman, J.H. (2010, November). *Using Technology in CBT Treatment of OCD*. Presented at the Association for Behavioral and Cognitive Therapies' 44<sup>th</sup> Annual Conference, San Francisco, CA.
- Hoffman, J.H., & Moritz, E.K. (2010, November). Seminar. *ADHD and OCD: Treatment Modifications to Address Impulsivity and Compulsivity*. Presented at the Children and Adults with Attention Deficit/Hyperactivity Disorder's (CHADD) 22<sup>nd</sup> Annual Conference, Atlanta, GA.
- Mortiz, E.K., Hoffman, J.H., & Spielman, J. (2010, July). Workshop. *CBT for Pediatric OCD - Integrating Creativity & Evidence-Based Treatment*. Presented at the Florida Psychological Association's Annual Conference, St. Petersburg, FL.
- Hoffman, J.H., Moritz, E.K., & Rickel, J. (2010, July). Workshop. *Complex Cases - When is Placement Needed & How to Do It?* Presented at the Florida Psychological Association's Annual Conference, St. Petersburg, FL.
- Moritz, E.K., Hoffman, J.H., Neziroglu, F., & Khemlani-Patel, S. (2010, June). Panel Discussion. *Integrating Developmental Stages in the Treatment of Pediatric Obsessive-Compulsive Disorder*. Presented at the World Congress of Behavioral and Cognitive Therapies conference, Boston, MA.
- SELECTED PRESENTATIONS (cont.)
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- Moritz, E.K. (2009, August). *Advanced Techniques in Creative Cognitive Behavioral Therapy for Pediatric OCD*. Presented at the Obsessive Compulsive Foundation's 16<sup>th</sup> Annual Conference, Minneapolis, MN.
- Hoffman, J., Storch, E., Moritz, E.K., & Spielman, J. (2009, August). *Technology in OCD Treatment*. Presented at the Obsessive Compulsive Foundation's 16<sup>th</sup> Annual Conference, Minneapolis, MN.
- Hoffman, J., Moritz, E.K., & Spielman, J. (2009, August). *Utilizing Cognitive Behavioral Therapy for Treatment of Autism Spectrum Disorders in Children with OCD*. Presented at the Obsessive Compulsive Foundation's 16<sup>th</sup> Annual Conference, Minneapolis, MN.
- Spielman, J., Cugnetto, M.L., & Moritz, E.K. (2009, August). *OCD Fashion Show with Music by the OCD Singers*. Presented at the Obsessive Compulsive Foundation's 16<sup>th</sup> Annual Conference, Minneapolis, MN.



- Hoffman, J.H., & Moritz, E.K. (2009, February). Workshop for Psychologists. *Understanding Tics and Treatment of OCD for Children and Adults: What is New and What Works?* Dade-Monroe Chapter of the Florida Psychological Association. Miami, FL.
- Hoffman, J.H., & Moritz, E.K. (2009, January). Public Lecture. *Parenting Strategies*. Mary Help of Children. Parkland, FL.
- Moritz, E.K. (2006). *Diagnosis and management of Obsessive Compulsive Disorder in children*. Miami Children's Hospital, 41<sup>st</sup> Annual Postgraduate Course "Perspectives in Pediatrics", Miami, FL.
- Moritz, E.K. (2006). *The treatment of childhood Obsessive Compulsive Disorder*. Miami Children's Hospital, 41<sup>st</sup> Annual Postgraduate Course "Perspectives in Pediatrics", Miami, FL.
- Moritz, E.K. (2006). *Power Foods*. Lectured to 10 kindergarten classes on changing and improving eating patterns. Gator Run Elementary School, Weston, FL.
- Moritz, E.K. (2005). *Changing Thinking = Changing Behaviors. Utilizing cognitive strategies to change children's behaviors*. The Annual Professional Growth Institute, St. Thomas University, Miami Gardens, FL.
- Moritz, E.K. (2005, February). *Anxiety disorders in children*. The Annual Professional Growth Institute, St. Thomas University, Miami Gardens, FL.
- Moritz, E.K. (2003). *Differentiating obsessive compulsive behaviors from autistic behaviors*. Lecture presented at CARD (Center for Autism and Related Disorders), Weston, FL.

#### SELECTED PRESENTATIONS (cont.)

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- Moritz, E.K. (2001 to 2009). Lecture series for teacher's training programs and parent's training programs at the Early Childhood Center, Weston, FL. Topics: a. *Teaching children how to eat healthy foods*. b. *Utilizing Rational Emotive Behavioral Therapy in the classroom*. c. *Non-verbal language and development*. d. *Behavioral techniques to improve children's behaviors*.
- Moritz, E.K. (1999 to 2010). *Treatment of Anxiety Disorders*. Series of workshops presented as part of the residents' training program from Psychology and Psychiatry departments at Miami Children's Hospital, Miami, FL. Topics: a. *Intensive behavioral treatment for refractory cases*; b. *Understanding OCD*; c. *Exposure and Response Prevention treatments*. d. *Dealing with families during intensive treatment programs*; e. *Cognitive Therapy*.

- Moritz, E.K. (1998 to 2004). Series of lectures presented to the medical staff at the Miami Children's Hospital Dan Marino Center, Weston, FL.
- Moritz, E.K. (1997). *Anxiety Disorders in children: Predicting, diagnosing and treating*. Symposia presented at the 31<sup>st</sup> annual convention of the Association for the Advancement of Behavior Therapy, Miami, FL.
- Moritz, E.K. (1997). *The effectiveness of behavioral games in the treatment of childhood Obsessive Compulsive Disorder*. Symposia presented at the 31<sup>st</sup> annual convention of the Association for the Advancement of Behavior Therapy, Miami, FL.
- Moritz, E.K. (1997). *Innovative self-measure techniques in childhood OCD*. Poster presented at the 31<sup>st</sup> annual convention of the Association for the Advancement of Behavior Therapy, Miami, FL.
- Moritz, E.K. (1997). *Coping with uncertainty in the workplace*. Corporate lecture at Brookhaven National Laboratory, Outreach Program, Upton, NY.
- Moritz, E.K. (1996). *Integrative treatment for childhood Obsessive Compulsive Disorder*. Symposia presented at the 30<sup>th</sup> annual convention of the Association for the Advancement of Behavior Therapy, New York, NY.
- Moritz, E.K., Grunes, M.S., Kent, K., Salzinger, K., & Neziroglu, F. (1996). *The treatment of OCD: a child-oriented behavioral approach*. Symposia presented at the 30<sup>th</sup> annual convention of the Association for Advancement of Behavior Therapy, New York, N.Y.
- Moritz, E.K. (1996). *Cultural and Legal Issues in Clinical Psychology*. Guest lecture, Department of Applied Psychology, New York University, New York, NY.
- Moritz, E.K. (1995). *Aspects of domestic violence against women: A Third World Perspective*. St. Petersburg University of Law, St. Petersburg, Russia.

SELECTED PRESENTATIONS (cont.)

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- Moritz, E.K. (1995). *Personality and Body Dysmorphic Disorder*. Symposia presented at the World Congress of Behavior and Cognitive Therapy, Copenhagen, Denmark.
- Moritz, E.K. (1995). *Maintaining treatment gains following behavior therapy for Body Dysmorphic Disorder*. Symposia presented at the World Congress of Behavior and Cognitive Therapy, Copenhagen, Denmark.
- Moritz, E.K. (1995). *Assessing overvalued ideation by structured clinical interview*. Poster session presentation at the World Congress of Behavior and Cognitive Therapy, Copenhagen, Denmark.

Moritz, E.K., Grunes, M.S., Kent, K., Salzinger, K., & Neziroglu, F. (1995). *A pilot study on treatment of childhood Obsessive Compulsive Disorder*. Poster session presented at the World Congress of Behavioral and Cognitive Therapy, Copenhagen, Denmark.

Moritz, E.K. (1995). *Treatment of Obsessive Compulsive Disorders and comorbid conditions*. Guest lecturer at Aid for Developmentally Disabled treatment program, Riverhead, NY.

#### RESEARCH EXPERIENCE

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**Institute for Bio-Behavioral Therapy and Research**, Great Neck, NY

September 1994 to February 1998

Obsessive Compulsive Disorder: A child oriented treatment approach. Created and implemented a treatment program for the treatment of OCD in children

**Institute for Bio-Behavioral Therapy and Research**, Great Neck, NY

November 1992 to November 1995

Implemented behavioral treatment and collected data for Fluvoxamine drug study

**Institute for Bio-Behavioral Therapy and Research**, Great Neck, NY

September 1992 to December 1992

Analyzed and revised data for research on drug Venlafaxine

#### TEACHING EXPERIENCE

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**Nova Southeastern University**, Davie, FL

Substitute Professor

February 2005

Social Psychology course

**Hofstra University**, Hempstead, NY

Adjunct Professor

Spring 1997

Abnormal Psychology course. Social Psychology course

**Psychiatric Institute of the Federal University of Rio de Janeiro**, Brazil

Instructor

August 1991 to December 1991

Behavioral Medicine course

*References available upon request*