
MICHELLE C. STOYELL-CONTI, PSY.D.

PERSONAL INFORMATION

Dual Citizenship

Ecuador, USA

Multilingual

Bilingual **English-Spanish**; Some **French and Portuguese**

LICENSE/BOARD CERTIFICATION

State of Florida, Licensed Psychologist, Number PY9492

State of Ohio, Licensed Psychologist, Number 7512

EDUCATION

Doctorate in Clinical Psychology

08/2014

Wright State University, School of Professional Psychology, Dayton, Ohio

American Psychological Association (APA) Accredited Program

Dissertation: Barriers to Group Therapy for Latino College Students in the United States.

Dissertation Chair: Martyn Whittingham, Ph.D.

Psychology Masters

06/2011

Wright State University, School of Professional Psychology, Dayton, Ohio

Bachelor of Arts in Psychology

06/2007

State University of New York at Buffalo, Buffalo, New York

CLINICAL EXPERIENCE

Behavioral Health Specialist - Psychologist

10/2016-Present

Mercy Health

Toledo, Ohio

- Participates as an interdisciplinary team member at two Primary Care Physician offices and assists the primary care providers (PCPs), gynecologists and midwives in managing the overall health of their enrolled population.
 - Provides consultation services to all patients referred by the Primary Care team
 - Recognizes, treats and manages psychosocial/behavioral problems and medical conditions in the enrolled population.
 - Provides targeted assessment and evaluation, including diagnostic impressions and functional status focused on the presenting problem
 - Provides feedback to PCPs regarding consultation findings and recommendations
 - Conducts triage and refers patients to specialty mental health care and other resources in the community when appropriate
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- Formulates behavioral health interventions and assists with implementation of PCPs treatment plans
- Conducts crisis intervention

Research Clinician

10/2015-06/2016

Segal Institute of Clinical Research

Atlantic Shores Hospital

Fort Lauderdale, Florida

- Participated as sub-investigator in several inpatient/outpatient clinical trials to test the effectiveness of various medications developed to treat individuals with Major Depressive Disorder, Schizophrenia, Schizoaffective, Binge Eating Disorder, Attention-Deficit Hyperactivity Disorder, Opiate Use Disorder and other disorders
- Performed interviews/behavioral assessments on study participants
- Provided crisis intervention
- Conducted screening appointments to determine participation in research studies
- Administered and scored various psychometric scales to help determine study subjects' current level of functioning and symptomatology throughout the duration of a study
- Participated in monthly meetings

Postdoctoral Resident

08/2014-08/2015

Cornell University, Counseling and Psychological Services

Ithaca, New York

- Provided individual, group and crisis intervention services to graduate and undergraduate students
- Conducted brief phone assessments and intake appointments
- Participated in multidisciplinary integrative care meetings to coordinate care for clients
- Participated in the Cornell Healthy Eating Program (CHEP) team as a Disordered Eating Generalist
- Provided on-call after hours services
- Co-led Eating Disorder psycho-educational groups
- Attended weekly individual and group supervision
- Collaborated in community based services and outreach on campus
- Supervised a master's level intern
- Provided confidential consultation services regarding mental health topics at CAPS' Let's Talk program located at the international students office
- Participated in CAPS' Privilege Awareness Working Group (PAWG)

Supervisors: Randy Patterson, Ph.D., Wai-Kwong Wong, Ph.D.

Psychology Intern

08/2013-08/2014

Florida International University, Counseling and Psychological Services

APA Accredited Program

Miami, Florida

- Provided individual, group and crisis intervention services to graduate and undergraduate students in an open enrollment, university counseling center, serving both traditional and nontraditional students
- Conducted intake appointments
- Served as first on call therapist for walk-in clients seeking treatment
- Co-led process groups
- Provided neuropsychological assessments
- Provided Biofeedback
- Consulted with other staff regarding client's progress and needs
- Attended weekly individual and group supervision of psychotherapy
- Engaged in outreach and programming on campus
- Served as liaison for one of the residence hall buildings
- Managed a consultation office at one of the university's residence halls
- Trained consultation office volunteers on stress management and sleep hygiene programs
- Provided screening appointments to discuss participation and delivered information regarding process groups
- Led a focus group to gain information regarding interest in opening an LGBTQ Hangout Room on campus
- Coordinated meetings with diverse administrative representatives at FIU to discuss the need of an LGBTQ Hangout room on campus
- Submitted a proposal to open an LGBTQ Hangout room on campus
- Participated in various outreach events.

Supervisors: Carlos Gomez, Ph.D., Lillian Odera, Ph.D., Priya Kirpalani, Psy.D.

Practicum Work

07/2012-07/2013

Wright State University, Counseling and Wellness Services

Dayton, Ohio

- Provided individual, group and crisis intervention services to graduate and undergraduate students in an open enrollment, mid size university counseling center, serving both traditional and nontraditional students
 - Conducted walk-in intake assessments.
 - Assisted the Associate Director of the center in group supervision and didactic training meetings
 - Engaged in outreach and programming on campus
 - Served as liaison for the LGBTQA group on campus
 - Provided psychological assessment services (i.e., LD, ADHD, personality, career)
 - Provided screening appointments to discuss participation and delivered information regarding interpersonal process groups and women and relationships groups
 - Co-led interpersonal process groups
 - Co-facilitated Women and Relationships groups
 - Consulted with the center's psychiatrist regarding clients' progress in treatment
 - Consulted with mandated clients' referral sources regarding clients' therapy compliance
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- Consulted with the university's student judicial office on mental health cases involving violations of student conduct
- Attended weekly individual and group supervision of psychotherapy and assessment

Supervisors: Jessica Moss, Psy.D., Martyn Whittingham, Ph.D., Daniela Burnworth, Ph.D.

Practicum Work

07/2011-06/2012

Dayton Job Corps Center

Dayton, Ohio

- Provided individual therapy services to a low SES population of students, ages 16 to 24, at a non-cost education and career technical training program, serving a diverse population and administered by the U.S. Department of Labor.
- Intervened in crisis situations
- Co-facilitated anger management psycho-educational groups
- Provided psychological assessment services, including administration, scoring, interpretation of instruments, report writing and feedback to students and their teachers
- Provided Outreach Presentations on mental health topics for incoming students
- Attended weekly individual supervision

Supervisor: Kathleen Malloy, Ph.D., ABPP

Practicum Work

08/2010-06/2011

Wright State University, Counseling and Wellness Services

Dayton, Ohio

- Provided individual, group, and crisis intervention services to graduate and undergraduate students in a university counseling center setting
- Engaged in outreach and programming on campus
- Served as liaison for the University Center for International Education
- Provided screening appointments to discuss participation and deliver information regarding Mindfulness-Based Stress Reduction (MBSR) groups
- Led meditation in an active, experiential and processing Mindfulness-Based Stress Reduction (MBSR) group
- Provided psychological assessment services (i.e., LD, ADHD, personality)
- Attended weekly individual and group supervision

Supervisor: Daniela Burnworth, Ph.D., Robert Rando, Ph.D., Erin Frick, Psy.D.

VOLUNTEER CLINICAL EXPERIENCE

Assessment Clinic

03/2012-05/2012

Ellis Institute for Human Development

Dayton, Ohio

- Provided psychological assessment services (i.e., LD, ADHD)
- Wrote integrative assessment reports for clients and provided them with feedback regarding results
- Attended weekly individual supervision

Supervisor: Leon VandeCreek, Ph.D., ABPP

Group Co-Facilitator 03/2012-05/2012
Mindfulness for Professionals Group

- Co-facilitated a Mindfulness group for students in mental health fields. The group was an introduction for health professionals to the practice of mindfulness

Consultant 11/2011

- Assisted supervisor in the development of a presentation focusing on group leadership for individuals attempting to lead successful support groups for clients with Lupus. The presentation consisted of an integration of group therapy best practices with specific considerations for individuals with a Lupus diagnosis

Supervisor: Martyn Whittingham, Ph.D.

Volunteer

Weekend Intervention Program 03/2010

Dayton, Ohio

- Facilitated a 25 hour AOD workshop for individuals experiencing legal charges related to drunk driving, drug possession, and other offenses related to drug and alcohol abuse
- Conducted intake evaluations to assess alcohol abuse or dependence
- Facilitated psycho-educational alcohol and drug groups
- Assessed and diagnosed individuals who were mandated to treatment
- Provided clients with feedback and recommendations

Supervisor: Phyllis Cole, M.A.

Group Facilitator 03/2010-08/2010

Wright State University, Preventing Abuse in the Home (PATH) Program

Dayton, Ohio

- Provided psycho-educational group services to domestic violence offenders
- Consulted with referring agencies and organizations.
- Performed intakes and informal assessment
- Participated in weekly individual and group supervision

Supervisor: Celeste Waller, Psy.D.

Psychiatry Assistant Internship 01/2008-07/2008

Pablo Arturo Suárez Hospital

Quito, Ecuador

- Shadowed a psychiatrist at an inpatient and outpatient public hospital working with clients from low SES backgrounds.
- Clinical experience included data collection, chart summaries, and interactive participation in the assessment of clients.

Supervisor: Manuel Rosero, MD.

RELATED WORK EXPERIENCE

Program Coordinator 01/2012-06/2012
Diabetes and Obesity-Wellness Opportunity Program
Dayton, Ohio

- Coordinated a diabetes and obesity program for children, which uses a multidisciplinary approach involving medical care staff (e.g. doctors and nurses), dietitians, psychologists, and exercise instructors. Each team member collaboratively worked on fostering the development of healthy attitudes, knowledge and skills around eating habits and activity.
- Organized, scheduled and set up of sessions
- Scored assessments, collected data and developed charts with pre, mid and post participant measures
- Intervened with participants in the group

Volunteer 08/2011-12/2011

- Interpreted for Spanish speaking Latino families in the group
- Performed intakes and informal assessment

Supervisor: Julie Williams, Psy.D., ABPP

Focus Group Interpreter 03/ 2012
Freelance work with an Independent Program Evaluator

- Provided interpretation services for a focus group that was assessing the quality of a diabetes prevention program for the Latino population. The focus group was intended to inform the creation of a video to promote the program using the participants' answers
- Assisted as a note taker for a focus group that was conducted in Spanish
- Transcribed the focus group session into English
- Met with videographers to help them interpret what the focus group participants were saying and help them choose what material to use for the development of the promotional video

Supervisor: Cheryl Meyer, Ph.D., & Deb Zendlovitz, M.S.W.

One-on-One Aide 03/2009-07/2009
Summit Educational Resources, Inc
Buffalo, New York

- One-on-one responsibility for a child who was non-verbal and had severe autism at a school for children with developmental disabilities.
- Supported the team and classroom manager
- Performed assigned duties within and outside the classroom as dictated by program needs
- Implemented Behavioral interventions
- Collected data regarding observations of child's behavior throughout the day

Supervisor: Gretchen Abdulla– Educational Consultant

Activity Director 02/2009-07/2009
Just for Kids After-School Program
Buffalo, New York

- Developed activities for an after school program for children ages 5 to 12 years old

TEACHING EXPERIENCE

Co-Teacher 03/2011-05/2011
PSY311-02 Abnormal Psychology
Wright State University

- Prepared undergraduate course class lectures
- Facilitated class discussion regarding each week's topic
- Facilitated group activities
- Provided case examples of disorders being discussed in class
- Evaluated student assignments, quizzes and exams

Graduate Teaching Assistant 01/2011-05/2011
PSI 994-L Crisis Intervention Lab

- Facilitated small group discussion of course content and role plays designed to demonstrate application of course content
- Evaluated written case conceptualization papers
- Participated in group supervision with faculty to ensure fair and supportive grading.

Supervisor: J. Scott Fraser, Ph.D., ABPP

RESEARCH EXPERIENCE

Graduate Researcher 08/2010-Present

Published Dissertation towards Doctor of Psychology Degree

Wright State University, School of Professional Psychology
Dayton, Ohio

- Reviewed literature regarding barriers to health services utilization in the Latino population, group therapy treatment with Latinos, cultural considerations when working with Latinos, college counseling group therapy, etc
- Modified a parallel survey that was developed to assess college African American students' barriers to group therapy, so it would be relevant to Latino college students
- Administered a modified survey along with an acculturation measure and demographics page to Latino college students in the United States
- Integrated literature review and research results into a paper entitled: *Barriers to Group Therapy for Latino College Students in the United States.*

Chair: Martyn Whittingham, Ph.D

Committee: Erendira Lopez-Garcia, Psy.D.
Leon VandeCreek, Ph.D., ABP

Research Assistant 01/2007-07/2007
State University of New York at Buffalo

Buffalo, New York

- Research on the *Pre-Cessation Effects of Bupropion (Wellbutrin-Zyban)*
- Performed data collection and entry services
- Preparation for weekly sessions with participants in the study
- Participated in team meetings

Principal Investigator: Larry Hawk, MD

COMMUNITY OUTREACH

**League of United Latin American Citizens
National Convention**

06/2011

Cincinnati, Ohio

- Participated in meetings to prepare for the convention and worked during the convention

St. Vincent de Paul Gateway Hotel

09/2010- 10/2010

Dayton, Ohio

- Provided meals for the homeless

Community Service in Ecuador

2002-2004

Quito, Ecuador

- Provided a total of 250 hours of community service
- Math & Language tutoring to underprivileged students
- Special Olympics- sports supervision for individuals with developmental disorders
- Elderly care for individuals at a nursing home

PRESENTATIONS

Toledo Area Academy of Professional Psychologists, Toledo, Ohio

11/2017

Presented a Mandatory Continuing Education presentation titled: *Behavioral Health Integration*

Ohio Latino Health Summit, Cincinnati, Ohio

07/2017

- Presented a panel session titled: *Grassroots Best Practices in Behavioral and Mental Health*

American Psychological Association

08/2016

- Co-authored a symposium session titled: *Barriers to Group Psychotherapy for African Americans, Latinos/as, and White University Students*

Association for Specialists in Group Work, Orlando, Florida

02/2014

- Presented a session titled: *Barriers to Group Psychotherapy for African-Americans and Latino/a College Students*

Supervisor: Martyn Whittingham, Ph.D.

Co-presenter: Angela Harris, Psy.D.

Ohio Psychological Association Convention

10/2012

- Presented a poster titled: *Ethical Considerations for the Use of Internet*
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in Providing Psychological Treatment

Supervisor: Leon VandeCreek, Ph.D.

Co-authors: Prachi Sharma & Michelle Sobon

Tri-State Group Therapy Conference

9/2012

- Presented a poster titled: *Mindfulness -Based Stress Reduction Groups in College Counseling Centers*

Supervisor: Martyn Whittingham, Ph.D.

Co-authors: Barry Brady, Carl Dindo, & Eric Reinhart

YMCA Workshop Presentation

10/2009

- Co-Presented a workshop entitled *Team Building and Working Together with People from Different Cultures*

Supervisor & Co-presenter: Erendira Lopez-Garcia, Psy.D.

YMCA Workshop Presentation

10/2009

- Co-Presented the workshop *Stress Management for Latino Immigrant Families*

Supervisor & Co-presenter: Erendira Lopez-Garcia, Psy.D.

PROFESSIONAL DEVELOPMENT

Association for Size Diversity and Health

07/2015

Difficult Conversations: Building Relationships in the Health at Every Size (HAES) Community and Beyond

- Exploring intersectionality, power, and oppression as it relates to ASDAH's work and community.

Gottman Level I Training

07/2014

The Gottman Method: Bridging The Couple Chasm

- Training included conceptualization of couples from this framework, approaches to varied couples presentations, conflict management strategies, skills to enable dialogue for couples, methods to help couples process their fights and techniques for couples to deepen their intimacy

Private Practice Expo

05/2014

- Training included the following issues in private practice: marketing strategies, website and search engine optimization, legal issues and incorporation and financial management

Tri-State Group Therapy Conference

09/2012

Maximizing the Use of the Here and Now in Working with Groups

- Training included discussion about groups using psychodynamic theory followed by a live group demonstration

Guest Speaker: Gail A. Brown, MA, LP, CGP

Latinas in Ohio Group Workshop

03/2012

Facing Challenges and Taking Action

- First phase of a program developed to empower and unite Latinas in the community
- Discussed what it is like to be a Latina living in Ohio and processed ways of unifying the community

Latinas in Ohio Group Workshop 10/2010
Facing Challenges and Taking Action

- First phase of a program developed to empower and unite Latinas in the community
- Discussed ways in which Latinas can take on leadership roles in the community

Safe Space Training 10/2010
Counseling and Wellness Services
Wright State University

- Two day workshop regarding LGBTQA themes and special considerations for the college population, followed by a panel of individuals who identified as LGBTQA who could speak to their own experience on campus

Mindfulness for Professionals Group 01/2010-06/2010
Counseling and Wellness Services
Wright State University

- Participated in a Mindfulness group for students in mental health fields. The group was an introduction for health professionals to the practice of mindfulness

Group Leader: Erin Frick, Psy.D.

Jung Workshop 03/2010
Jung Association of the Miami Valley presented *Floozies, Shrews and Ingénues: Encountering the Feminine Archetype*

- Training included: an examination of the feminine archetype from a theoretical, personal and clinical perspective; identification of how characteristics have been discounted and maligned, as well as valued and supported; and analysis of how film features characters that can assist the development of the feminine, as well as characters that interfere with feminine development

Guest Speaker: Virginia Apperson, Ph.D.

Jung Workshop 03/2010
Jung Association of the Miami Valley presented *When Forgiveness Doesn't Come*

- The lecture explored the dynamics of forgiving and not forgiving, including unconscious aspects; explored the potentially transformative role of hate at the hurt inflicted and the link between hate and our symbols of spiritual meaning; and explored the role of witnessing between us and another and between us and the psyche in the dynamics of exploring forgiveness, the hurt the offense inflicts, the hate it arouses, and the essential role of witnessing in healing this wound

Guest Speaker: Ann Belford Ulanov, Ph.D.

MEDIA APPEARANCE/INTERVIEWS

Healthy Living News

01/2017

Understanding the Causes and Effects of Seasonal Affective Disorder

- Participated in an interview for a magazine discussing this topic.

PROFESSIONAL ORGANIZATIONS

Ohio Psychological Association

2016-Present

OTHER TRAINING QUALIFICATIONS

- SCIP-R – Strategies for Crisis Intervention and Prevention
 - QPR – Question, Persuade, Refer Gatekeeper Training for Suicide Prevention
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