



Neurobehavioral Institute (NBI)
Postdoctoral Clinical Residency in Cognitive and Behavioral Psychology, 2019

Program Information

Postdoctoral Training Director: E. Katia Moritz, PhD, ABPP (Cognitive Behavioral Psychology)

Postdoctoral Associate Training Director: Michelle Stoyell-Conti, PsyD

Chief Psychologist: Jonathan Hoffman, PhD, ABPP (Cognitive Behavioral Psychology)

Number of staff who are licensed psychologists: 6

Competitive Stipend - \$40000 yearly and \$2000 towards Professional Development.

Fringe Benefits: Paid Vacation and Federal Holidays, Professional Development Time,

Licensing- Exam Release Time, 401K (after 1 year of employment), Health Insurance options

Application Due Date: Rolling Admission

Uniform Postdoctoral Notification Day: Rolling Admission

Start Date: Rolling start for 2019 year; typically September 1

E-mail: Info@nbiweston.com

Training Website: <https://www.nbiweston.com/about/postdoctoral-training-and-residency/>

Accreditation Status: The postdoctoral residency at the Neurobehavioral Institute (NBI) is not accredited by the Commission on Accreditation of the American Psychological Association. It is however, a current member of the Association of Psychology Postdoctoral and Internship Centers (APPIC).

Neurobehavioral Institute's Mission Statement

Our primary mission is to make a lasting difference in the lives of clients and families affected by obsessive-compulsive disorder and related conditions, anxiety disorders, autism spectrum disorders and other psychological entities. We utilize comprehensive, cutting-edge psychological treatments, programs, and services to implement this mission. Training the next generation of clinicians specializing in our areas of interest, dissemination of evidence-supported treatments and advocacy are integral to this process.

Program Description

Training Setting

Led by its Clinical Directors, NBI utilizes a team-based approach for clinical interventions, conducting psychological assessments and collecting data, with daily staff meetings to discuss treatment plans as well as to support staff development and group cohesion. The training setting includes multiple outpatient offices and a residence for clients who need more support and structure while they are in NBI's intensive treatment program. One of our offices is primarily dedicated to clients enrolled in either our partial or full-day intensive treatment program. Some of our non-local and international clients and their families opt to stay in a nearby hotel for convenient access to our programs and services. NBI is primarily situated in the Fort Lauderdale, Florida vicinity, but also has a center in Coral Gables, which is in the Miami Area. Some of our staff are licensed to provide services in other States (NY, UT, OH) and others are licensed to practice in Rio de Janeiro, Brazil. NBI has a culturally diverse, multilingual staff and provides treatment in English, Spanish and Portuguese. Our staff includes licensed psychologists, post-doctoral residents, an intern, a Board Certified Behavior Analyst, Behavior Technicians, an educator who conducts executive function coaching, a Registered Dietician, and Residential Counselors. Parent and family training are essential elements in our treatments. We also offer both therapeutic and support groups. Our clients include children, adolescents, and families. We have developed a wide network of physicians, educational consultants and community resources who are available for case collaboration and needed referrals.

Goals and Objectives

The overarching goal of Neurobehavioral Institute's Clinical Residency program is to provide Postdoctoral Residents with advanced training in Cognitive and Behavioral Therapy (CBT) and additional evidence-supported modalities needed for the proper care of those affected by obsessive-compulsive disorder and related conditions, anxiety disorders, autism spectrum disorders and other clinical entities in order to ready them for independent clinical practice. To achieve this goal, the Residency program subscribes to the Scientist-Practitioner model of training. Hence, by the time this program is completed each Resident will be able to demonstrate the requisite assessment, case formulation, and intervention skills to apply evidence-supported treatments in an ethical way within the context of a scientific framework, as well as make any necessary modifications in accord with age, culture, race, gender, identity, socioeconomic level and developmental level. Residents are expected to participate in community and professional conferences, making and valuing ongoing contributions to the field of clinical psychology.

Training will occur in didactic seminars, research and scholarly inquiry, case conferences, individual and group supervision, participation in professional training seminars, and attending and presenting at local and national conferences. Based on the Psychology Trainee Competency Assessment Form, each Resident will be expected to achieve competency in each of the following areas: A) professional conduct, ethics, and legal matters, B) individual and cultural diversity, C) theories and methods of psychological diagnosis and assessment, D) theories and

methods of effective psychotherapeutic intervention, E) scholarly inquiry and application of current scientific knowledge to practice, F) professional consultation, and G) didactic ability. An initial assessment of competency in each area will be administered at the start of the training program. The Psychology Trainee Competency Assessment Form will be used to assess these areas. Follow-up competency evaluations will occur every 6 months as well as at the end of the training. Each Resident will meet at the beginning of each year of the residency program with the Training Director and supervisors to review training experiences for that year and then develop an individualized Postdoctoral Residency Training Contract which will include goals and objectives for each year of the residency program.

Program Structure

NBI's two-year full-time clinical residency is a training program in Cognitive and Behavioral Psychology under the direction of E. Katia Moritz, PhD, ABPP, Training Director. During the training period, Postdoctoral Residents will accrue 4,000 training hours. There will be a rolling start date for the 2019 Residency year. Residents will receive at least two hours of face-to-face, individual supervision each week, and on average three hours of professional development activities (i.e., case conferences, group supervision, seminars) per week. This program meets the requirement for the 2,000 hours of supervised experience required for licensure in the State of Florida. According to the Florida Statutes and Administrative Code (Psychology, Chapter 64B19-11.005), Residents must complete at least 2,000 hours of post-doctoral experience over the course of 52 weeks (no more than 40 hours per week), of which 900 of the hours are to be spent in direct service-related activities. Residents will provide approximately 20-30 hours (50-75% of time) of professional psychological services each week. Therefore, Postdoctoral Residents will be license-eligible after the first year of the residency program, and will strongly encouraged to apply for licensure at that point. This two-year clinical residency program provides Residents with the opportunity to continue specialty training in Cognitive Behavioral Psychology for one year following eligibility for licensure, providing an opportunity to develop skills in clinical supervision.

The Postdoctoral Residency training program is comprised of the following activities: training experiences, didactic seminars, opportunities to attend professional training seminars, and encouragement to complete a research project, theoretical paper or program evaluation.

Training Experiences offered for Postdoctoral Residents at Neurobehavioral Institute include:

- Participating in NBI's Intensive Outpatient Programs for adults and children with obsessive-compulsive related conditions, anxiety disorders, autism spectrum disorders, and other clinical entities. This program was developed to meet the needs of local, out-of-town and international children, adolescents, and adults as an alternative to inpatient treatment. Adult clients have an option to combine intensive treatment with residential support at our

facility, NBI Ranch. Intensive treatment is utilized to meet the needs of clients who have not benefited from trials of standard levels of care. A typical intensive outpatient program includes 1-3 individual 45-minute sessions weekly, therapeutic and didactic groups, self-guided therapy in the community, community activities such as group meals and outings. Parent/caregiver training and guidance is an integral part of each client's intensive treatment program.

- Providing individual and group cognitive and behavioral therapy and other evidence-supported clinical interventions for children, adolescents and adults with obsessive-compulsive and related conditions, anxiety disorders, autism spectrum disorders and other clinical entities.
- Participating in our Fear of Flying Program. This is a time-limited, cognitive-behavioral therapy group for adults with a fear of flying.
- Participating in NBI's assessment group. This group offers developmental, psycho-educational, and comprehensive psychological assessments for children, adolescents and adults.
- Facilitating Support Groups, e.g. for obsessive-compulsive disorder and related conditions.
- Attending and participating in clinical presentations at local and national conferences (e.g., International OCD Foundation (IOCDF), Anxiety Disorders Association of America, Florida Psychological Association).
- The opportunity to complete professional training seminars (e.g., IOCDF's Behavior Therapy Training Institute (BTII)).

Didactic seminars are presented by NBI's clinical staff as well as local and national professionals on a number of topics that includes: Cognitive and Behavioral Theory (CBT), Cognitive Behavioral Case Conceptualization, OCD Treatment, Tic/Tourette's Disorder Treatment, Autistic Spectrum Disorder Treatment, Parent Training, Conducting Psychological Assessments, ADHD and Executive Function Treatment, Rational Emotive Behavior Therapy (REBT), Motivational Interviewing (MI), Educational Consulting, Diversity Training (pertaining to children and adolescents, Hispanics and other ethnic minority groups, exceptionally gifted, impact of socioeconomic status), Creative CBT, Personality Disorders, among others. These seminars will be held on average two times a month for a minimum of one hour.

Research project. Postdoctoral Residents will be encouraged to complete at least one program evaluation, research project, or theoretical paper during their training program. The Resident will collaborate with clinical staff to determine the focus of the project, and will need to specify the project within the first 3 months of their training program. Should the Resident opt to complete one of these projects, he/she will be expected to present their findings to the clinical staff, submit for presentation at a national conference, and submit for publication to a peer-reviewed journal.

Professional training seminars. Postdoctoral Residents will be encouraged to complete at least one professional training seminar. Partial-funding may be available for said training.

Recommended training in obsessive-compulsive disorder and related conditions includes IOCDF's Behavior Therapy Training Institute. Additionally recommended training: Dialectical Behavior Therapy (DBT), Comprehensive Behavioral Intervention for Tics (CBIT), Rational Emotive Behavioral Therapy (REBT) and Motivational Interviewing (MI).

Requirements for Completion

In order to successfully complete the postdoctoral residency, Residents will be required to meet the following requirements:

1. Have achieved a satisfactory rating in at least 80% of competency areas on their final competency evaluation form.
2. Have not engaged in any illegal, unethical or unprofessional behavior.
3. Have maintained a log of hours for all postdoctoral activities (e.g., direct patient contact hours of at least 1,800, supervision of at least 200 hours, didactic training, case conference, etc.) that total 4,160 hours.

Facility and Training Resources

Neurobehavioral Institute is headquartered in South Florida, with offices in both Broward (Weston) and Miami-Dade counties (Coral Gables). NBI Ranch is located in the town of Southwest Ranches. Nearby resources include rental communities, shopping malls, light business areas, medical centers (Cleveland Clinic; Miami Children's Hospital, Dan Marino Center), hotels, and a wide variety of restaurants. Treatment offices are comfortably sized and tastefully furnished, Conference/multi-purpose rooms are available. There is a playroom with a two-way mirror, a lounge area, and a waiting room. All NBI client records are maintained on a HIPAA-compliant electronic medical record system. Support staff manage most patient-related clerical issues such as payment and scheduling. Laptops are available for entering patient records into the Mac-based electronic medical record system. There are ample phone and high-speed internet services.

Application and Selection Procedures

Applicant Qualifications

1. All Residents must have completed a doctoral degree in Clinical Psychology from an APA-accredited academic program before beginning the post-doctoral residency.
2. All Residents must have completed 2,000 hours in an APA-accredited pre-doctoral internship in Psychology prior to the start of the residency year.
3. Residents with a specific interest in treatment of neurobiological conditions and/or prior clinical training or research experience with these populations will be preferred.
4. Residents who have prior experience or training in Cognitive Behavioral treatments are encouraged to apply.

Application Process

Please submit a hardcopy of the following materials by the application deadline.

1. Statement of interest indicating goals for the post-doctoral residency and long-term career plans.
2. Curriculum vitae (CV).
3. Letters of reference from three doctoral-level professionals who previously supervised or had experience with the applicant's training.
4. Letter from the applicant's internship Training Director that an APA-accredited internship will be completed prior to the desired start date of the residency program.
5. Letter from the applicant's graduate Training Director that the applicant's doctoral degree has been awarded or that the dissertation defense is scheduled prior to the start date of the residency program.
6. Graduate transcript(s).
7. Copies of relevant publications.

Please direct application and questions about NBI's postdoctoral residency in cognitive and behavioral psychology to:

Michelle Stoyell-Conti, Psy.D.

Neurobehavioral Institute

2233 North Commerce Parkway, Suite 3, Weston, Florida 33326

Phone: 954-217-1757

Fax: 954-385-3807

E-mail: drstoyell@nbiweston.com

Selection Process

For 2019, there will be a rolling start date and each application will be reviewed as they are received. The selection committee will review all applicants and rank order qualified applicants. Top applicants will be interviewed individually by the selection committee. The applicants will again be rank ordered according to best match for the program and the top applicants will be extended an offer.

*Please refer to the Postdoctoral Resident Training Manual for information regarding Due Process and Grievances