

# Ψ \_\_\_\_\_ **Jason Spielman, Psy.D.** \_\_\_\_\_ Ψ

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## **Professional Experience**

### **Psychologist**, NeuroBehavioral Institute, Weston, Florida

Director of Intensive Treatment & Residential Support Programs. Directs the NBI Ranch, the supportive living environment for adult patients with OCD and other related conditions. Conducts individual, family, and couples therapies, as well as intensive outpatient programs, and support groups (Adult OCD, Pediatric OCD, and Fear of Flying) in a private practice setting. Specializing in pediatric, adolescent, and adult Obsessive Compulsive Disorder, as well as other obsessive-compulsive spectrum disorders (i.e. Trichotillomania, Tic Disorders, Body Dysmorphic Disorder, Skin Picking), Anxiety Disorders, Panic Disorder, Tourette's, Autistic Spectrum related conditions, and family behavioral interventions.

09/03 to present

### **Adjunct Professor**, Nova Southeastern University

Teaches a multitude of undergraduate classes at the Farquhar College of Arts and Sciences. Some classes include Abnormal Psychology, Child and Adolescent Development, Current Psychotherapies, Gender at Work, Health Psychology, Interpersonal Communications, Personality Theories, Introduction to Psychology, Senior Seminar in Psychology, Social Psychology, and Stress Management.

03/04 to 12/16

### **Psychologist**, Child Provider Specialists, Dan Marino Center

Conducted full battery psychological testing in a private practice setting.

08/04 to 12/08

### **Associate Trial Consulting Intern**, Trial Consultants, Inc.

Worked as a member of an integrated trial-support team in the preparation of proposals and the delivery of trial consulting services, including senior trial consultants, operations team members, graphic design consultants, and courtroom technology consultants; conducted juror evaluation, assessment studies, trial simulation studies, witness communication training, voir dire / jury selection consultation, community attitude surveys, post-trial jury interviews, and other related services, developed skills in selling research and consulting services.

05/03 to 08/03

### **Senior Psychologist**, Department of Corrections, Union Correctional Institution & Florida State Prison - Inpatient and Outpatient Director

Planned, organized, and directed the development and implementation of the mental health department and its organizational policies and procedures; conducted HIPPA compliance protocol; conducted individual and group therapy, crisis intervention, and full battery assessments in an inpatient and outpatient setting within a maximum security prison; supervised 20 + masters level therapists; directed multidimensional levels of mental health prison population; testified in court mandated Baker Act hearings; conducted staff coaching, team building, and training; interviewed and completed selection process for new personnel; coordinated interdisciplinary treatment teams and administrative aspects of mental health.

02/02 to 04/03

**Psychology Intern**, The Bradley Center of St. Francis Hospital

Conducted individual, group, family, and couples counseling within all major DSM IV disorders in a inpatient and outpatient setting; conducted psychological testing, full battery assessments, neuropsychological assessments, and case management; directed ADHD summer camp using behavior modification and social skills training techniques.

09/00 to 09/01

**Therapist**, Department of Psychiatry, Hollywood Medical Center

Conducted individual, group, family, and couple counseling with all major DSM IV disorder types in a private practice setting; conducted psychological testing, neuropsychological assessments, full battery assessments, and court mandated assessments.

01/99 to 06/00

**Psychology Practicum Student**, Jackson Memorial Hospital

Conducted individual and group therapies within the Mental Health Department in inpatient and outpatient settings; patient populations consists of all major DSM IV Axis I and Axis II disorders and medical disorders; conducted psychological testing, neuropsychological assessments, and full battery assessments.

04/99 to 06/00

**Mental Health Therapist**, Goodman Psychological Services Center

Conducted individual, family, and couples therapies at an on-campus mental health facility; conducted initial intake interviews, mental status examinations, and developed individualized treatment plans; administered psychological testing to aid in the assessment of personality and current level of functioning.

08/98 to 04/99

**Training Experience**

**IOCDF Pediatric Behavior Therapy Training Institute**

Rothman Center for Pediatric Neuropsychiatry and All Children's Hospital, St. Petersburg, FL

02/2014

**Acceptance and Commitment Therapy for Obsessive Compulsive Disorder**

Taught by Nate Gruner, LICSW and Jesse M. Crosby, Ph.D. at NeuroBehavioral Institute, Weston, FL

03/2013

**Advanced Certificate Practicum in REBT and Cognitive Behavior Therapy**

Albert Ellis Institute, New York, NY

07/2012

**Primary Certificate Practicum in REBT and Cognitive Behavior Therapy**

Albert Ellis Institute, New York, NY

06/2011

**Motivational Interviewing Training**

Taught by Raymond Chip Tafrate, Ph.D. at NeuroBehavioral Institute, Weston, FL

04/2011

## Research Experience

**Research Assistant**, Alcohol and Substance Use Research Institute, University of South Florida  
*Alcohol Expectancies- Mediators of Biopsychosocial Risk.*

Conducted federally funded alcohol expectancy research on incoming freshmen over the course of their first year (START program), including monthly telephone interviews, pencil and paper interviews, producing statistical correlations using spreadsheets, and reviewing current related journal articles at weekly meetings.

08/96 to 05/97

**Research Assistant**, Alcohol and Substance Use Research Institute, University of South Florida  
*Empirical modeling of an alcohol expectancy memory network in elementary school children as a function of grade.*

Assisted in the develop of an instrument to tabulate the effects of alcohol based on a circumplex model of emotion; helped develop stimuli, interview procedures, and directions for structured oral interview questionnaire for elementary school children to test their alcohol expectancies; participated in a number of data collection trips into numerous elementary schools and interviewed children in grades second through fifth; trained research assistants to administer the protocol.

08/95 to 05/97

**Research Assistant**, Experimental Cognitive-Perception Laboratory, University of South Florida  
Assisted in designing computerized spatial perception experiments using *Sketch* program and ran subjects on a variety of computerized spatial perception experiments.

08/94 to 05/97

## Presentations, Articles, and Publications

Spielman, J., Lawson, K., Jacobs, M., & Resnick, A. (April 2018). Panel Discussion. Early Career Psychologists (ECP) Panel. The 2018 South Eastern Regional Conference (SERC 2018) Hollywood, Florida.

Spielman, J., Cortes, L., & Blocker, D. (February 2018). Panel Discussion. Supporting Our Community with the Weston Alliance for Youth. Weston YMCA, Weston, Florida.

Cortes, L. & Spielman, J. (January 2018). Didactic Training. Obsessive Compulsive Disorder: Comorbidities, Complexities and Treatment. The Alliance, West Palm Beach, Florida.

Spielman, J., Morgan, B., Liberto, P, Suarez, N., Herrera, J. (January 2018). Panel Presentation. Helping Our Students Overcome Obstacles: Anxiety, Stress and Depression. Town Hall Meeting hosted by The Weston Alliance for Youth (WAY), Fort Lauderdale, Florida.

Spielman, J. (November 2017). Lecture. PANDAS – A review of current day research and treatment. Neurobehavioral Institute, Weston, Florida.

Spielman, J. (July 2017). Workshop. IOCDF Teen Only Field Trip to Union Square. International Obsessive Compulsive Foundation Conference, San Francisco, California.

Spielman, J. (July 2017). Workshop. The Social Experiment: Let's Be Socially Anxious Together. International Obsessive Compulsive Foundation Conference, San Francisco, California.

Spielman, J., Szentpaly, J. (July 2016). Workshop. The Social Experiment. International Obsessive Compulsive Foundation Conference, Chicago, Illinois.

Otelsberg, M., Spielman, J., Smith, E., & Graves, G. (July 2016). Workshop. From Dating to Marriage – How to co-exist with OCD. International Obsessive Compulsive Foundation Conference, Chicago, Illinois.

Spielman, J. & Szentpaly, J. (February 2016). Facebook Live Chat. Psychologists Discuss Social Media, Politics, and Anxiety During NBC6 Live TV Stream. NBC 6 TV Station, Miami, Florida

Otelsberg, M., Spielman, J., Smith, E., & Graves, G. (July 2015). Workshop. From Dating to Marriage – How to co-exist with OCD. International Obsessive Compulsive Foundation Conference, Boston, Massachusetts.

Spielman J., Moritz, E.K., Hoffman, J.H. (July 2015). Workshop. 7<sup>th</sup> Annual IOCDF Fashion Show and Karaoke. International Obsessive Compulsive Foundation Conference, Boston, Massachusetts.

Spielman, J., Otelsberg, M., Smith, E., Baumeister, A. (July 2015). Workshop. The Social Experiment – Teenager Edition. International Obsessive Compulsive Foundation Conference, Boston, Massachusetts.

Hudak, R., Hoffman, J., Zuckerman, T. & Spielman, J. (April 2015) Workshop. The Presentation and Treatment of ACD in Autism Spectrum Disorders. Anxiety and Depression Conference, Miami, Florida.

Spielman, J., Otelsberg, M., Smith, E., Mulcahy, K., & Hsia, C. (July 2014). Workshop. The Third Annual Social Experiment. International Obsessive Compulsive Foundation Conference, Los Angeles, California.

Spielman J., Hoffman, J.H. & Baumeister, A. (July 2014). Workshop. 6<sup>th</sup> Annual IOCDF Fashion Show and Karaoke. International Obsessive Compulsive Foundation Conference, Los Angeles, California.

Spielman, J., Stewart, L., Otelsberg, M., & Smith, E. (July 2013). Workshop. The Social Experiment II. International Obsessive Compulsive Foundation Conference, Atlanta, Georgia.

Spielman J., Moritz, E.K., & Hoffman, J.H. (July 2013). Workshop. 5<sup>th</sup> Annual IOCDF Fashion Show and Karaoke. International Obsessive Compulsive Foundation Conference, Atlanta, Georgia.

Spielman, J. (July 2012). Workshop. The Social Experiment. International Obsessive Compulsive Foundation Conference, Chicago, Illinois.

Spielman J., Moritz, E.K., & Hoffman, J.H. (July 2012). Workshop. 4<sup>th</sup> Annual IOCDF Fashion Show and Karaoke. International Obsessive Compulsive Foundation Conference, Chicago, Illinois.

Spielman, J. & Hoffman, J. (July 2011). Workshop. ERP Gone Wild II: More Creative Ideas for Exposure Exercises. International Obsessive Compulsive Foundation Conference, San Diego, California.

Cugnetto, M., Moritz, E.K., & Spielman, J. (July 2011). Workshop. How OCD Can Ruin Your Social Life and How To Make It Better. International Obsessive Compulsive Foundation Conference, San Diego, California.

Hoffman, J.H, Spielman J., Moritz, E.K., & Cugnetto, M. (July 2011). Workshop. 3<sup>rd</sup> Annual IOCDF Fashion Show and Karaoke. International Obsessive Compulsive Foundation Conference, San Diego, California.

Spielman, J. (February 2011). Workshop. Anxiety Disorders and Young Children. Jewish Early Childhood Professional Day, Cooper City, Florida.

Dorfman, S. & Spielman, J. (via interview) (September 2010) Newspaper Article. Emma of 'Glee' sweet, neat, petite and ailing with OCD. Published by The Palm Beach Post. Palm Beach, Florida.

Hoffman, J., & Storch, E., Moritz, E.K., & Spielman, J. (Winter 2010). Integrating Technology into Cognitive-Behavioral Treatment for OCD. OCD Newsletter, Volume 24, Number 1, 13-15. Published by The International OCD Foundation, Inc.

Spielman, J., & Hoffman, J.H. (July 2010). Workshop. ERP Gone Wild: Innovative Ideas for Exposure Exercises. International Obsessive Compulsive Foundation Conference, Washington, DC

Hoffman, J.H, & Spielman J. (July 2010). Workshop. 2<sup>nd</sup> Annual IOCDF Fashion Show and Karaoke. International Obsessive Compulsive Foundation Conference, Washington, DC

Mortiz, E.K., Hoffman, J.H. & Spielman, J. (July 2010). Workshop. CBT for Pediatric OCD - Integrating Creativity & Evidence-Based Treatment. Florida Psychological Association, St. Petersburg, Florida.

Spielman, J., Cugnetto, M., & Hoffman, J. (July 2009) "Is It Fun or Is It Therapy?" - Group Treatment for Kids with OCD and Autistic Spectrum Disorders. Presented at the 16<sup>th</sup> annual Obsessive Compulsive Foundation Conference, Minneapolis, Minnesota.

Hoffman, J., Spielman, J., & Moritz, K. (July 2009) Utilizing CBT for Treatment of Autism Spectrum Disorders in Children with OCD. Presented at the 16<sup>th</sup> annual Obsessive Compulsive Foundation Conference, Minneapolis, Minnesota.

Hoffman, J., Storch, E., Spielman, J., & Moritz, K. (July 2009) Technology in OCD Treatment. Presented at the 16<sup>th</sup> annual Obsessive Compulsive Foundation Conference, Minneapolis, Minnesota.

Spielman, J., Cugnetto, M., & Moritz, K. (July 2009) OCD Fashion Show with Music By the OCD Singers. Presented at the 16<sup>th</sup> Annual Obsessive Compulsive Foundation Conference, Minneapolis, Minnesota.

Hoffman, J. & Spielman, J. (2009) Understanding and Treating Obsessive Compulsive Disorder and Compulsive Hoarding. Presented at the Jewish Community Center, Miami, Florida.

Hoffman, J. & Spielman, J. (2007) Understanding Obsessive Compulsive Behaviors in the Autistic Spectrum. Presented at the 14<sup>th</sup> Annual Obsessive Compulsive Foundation Conference, Austin, Texas.

Hoffman, J. & Spielman, J. (2005) Parenting Strategies – Cultivating Positive Behaviors and Attitudes. Fort Lauderdale, Florida.

Hoffman, J. & Spielman, J. (2004) OCD and Children. TV News Feature on ABC, Miami, Florida.

Spielman, J. (2002) Gender Bias in Psychologists. Poster Board Presented at the American Psychological Association Annual Conference, Chicago, Illinois.

### **Awards**

- Carlos Albizu Excellence Award for Exceptional Academic and Professional Performance, Miami Institute of Psychology (1998, 1999, 2000, 2001)
- Letters of Commendation, Miami Institute of Psychology (1997, 1998)
- Letters of Commendation, Carlos Albizu University (1999, 2000, 2001)
- National Dean’s List, University of South Florida

### **Offices and Positions Held**

- Federal Key Psychologist (2013 to present)
- Scientific Advisory Board Member – Think PANDAS (2010 to present)
- Secretary of the Broward Chapter of the Florida Psychological Association (2011 to 2016)
- Treasurer of the Broward Chapter of the Florida Psychological Association (2011 to 2016)
- President of the Broward Chapter of the Florida Psychological Association (2017, 2018)
- Florida Psychological Association South Eastern Regional Conference (FPA-SERC) Board Member (2015 to 2018)
- Weston Alliance for Youth (WAY) Board Member (2017, 2018)

### **Affiliations and Memberships**

- Think PANDAS – Member
- Florida Psychological Association - Member
- Obsessive Compulsive Foundation - Member
- Florida Chapter of the International OCD Foundation - Member
- American Psychological Association – Past Member
- National Honor Society in Psychology Member (Psi Chi) - Member
- Miami Children’s Hospital, Dan Marino Center - Affiliation

### **Languages**

- Conversational American Sign Language

### **Educational History**

Graduate Schools: Carlos Albizu University, Miami, Florida  
The Miami Institute of Psychology, Miami, Florida

College: The University of South Florida, Tampa, Florida  
Major / Minor: Psychology / Art

Degrees: B.A., 1997

M.S., 1998  
Psy.D., 2001

Dissertation Topic: Gender Bias Among Psychologists

License: Florida Licensed Psychologist – PY6853

\* References available upon request