

MYRIAM PADRON, PSY.D.

Licensed Psychologist PY10624

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EDUCATION

- 2018 **Psy.D.**, Clinical Psychology, Nova Southeastern University, APA Accredited Program, GPA: 3.98
- 2015 **M.S.**, Clinical Psychology, Nova Southeastern University, APA Accredited Program, GPA: 3.98
- 2013 **B.A.**, Psychology, Florida International University, Dean's List, GPA: 3.62
- 2013 **Women Studies Certificate**, Florida International University
- Doctoral Directed Study:** *Gender Expression and Well-Being*

CLINICAL TRAINING EXPERIENCE

- 2020-Present **Licensed Psychologist, Associate Director of Training**, NBI, Weston, Florida
- Specialized treatment in Exposure and Response Prevention (ERP) and Cognitive Behavioral Therapy (CBT) provided to individuals experiencing Obsessive Compulsive Disorder and related disorders. Psychoeducational and psychological testing administered. Group therapy involving exposures, mindfulness, and psychoeducation also provided. Daily triage meetings attended in order to improve client care and treatment efficiency. Coordinated training program and supervision for postdoctoral residents.
- 2019-2020 **Licensed Psychologist**, Dr. David Yudell & Associates, Coconut Creek, Florida
- Provided individual, couples, and family therapy. Psychoeducational testing, disability evaluations, and brief neuropsychological assessments are also administered. Supervision to post-doctoral resident provided.
- 2018-2019 **Post-Doctoral Resident**, Dr. David Yudell & Associates, Coconut Creek, Florida
- Provided individual and family therapy to a range of populations. Psychoeducational testing for ADHD accommodations, gifted placement, learning disabilities, developmental disabilities, behavioral issues, and emotional support animals are also provided. Weekly supervision provided by Dr. David Yudell, Psy.D.
- 2017-2018 **Psychology Intern**, Florida International University, Miami, Florida
- Provided individual and group therapy to a diverse caseload of 20+ college students with a range of psychological disorders. Conducted triage assessment, case management, crisis intervention, safety planning, and follow-up consultation. Co-facilitated an interpersonal process group and exposure group throughout the year. Provided psychoeducational, neurological, and personality assessments. Conducted group supervision to Master's level students. Weekly individual and group supervision were provided by Dr. Carla Mayorga, Ph.D, Dr. Priya Kirpalani, PsyD., CGP, and Dr. Caryn Watsky-Scileppi, Ph.D.

- 2017 **Primary Therapist**, Renfrew Center, Coconut Creek, Florida
- Provided family, individual and group therapy to residential and intensive-outpatient individuals with eating disorders, trauma, mood, personality, and substance use disorders by utilizing strategies found in the Unified Treatment Model for Eating Disorders. Other responsibilities included treatment planning, maintenance of medical records, and attending weekly interdisciplinary case consultations for each patient. Weekly individual supervision was provided by Alissa Baum, Psy.D.
- 2016-2017 **Psychology Trainee**, Renfrew Center, Coconut Creek, Florida
- Provided individual and group therapy to patients with eating disorders, trauma, mood, personality, and substance use disorders. By applying techniques found in the Unified Treatment Model for Eating Disorders, patients are taught to increase mindful awareness of emotion, use cognitive reappraisal skills to enhance body image, and tolerate internal emotional experiences. Weekly individual and group supervision was provided by Alissa Baum, Psy.D. and Cristina Perez, Psy.D.
- 2016 **Group Counseling Trainee**, Gender Bender Youth Group, Wilton Manors, Florida
- Co-facilitated youth groups for LGBTQ youth where social skills training, interpersonal conflict resolution, active listening, family communication skills, and crisis intervention techniques were emphasized.
- 2015-2016 **Psychology Trainee**, Medical Rehabilitation Unit, Broward Health North, Pompano Beach, Florida
- Provided patients that were recovering from strokes, traumatic brain injuries, spinal cord injuries, neurological illnesses, and a diversity of other medical conditions with individual and family counseling. A combination of techniques including motivational interviewing, mindfulness, relaxation strategies and cognitive behavioral therapy were being used in order to make this short-term therapy modality effective. Weekly team conferences were held with a variety of disciplines and doctors in order to better treat patients. Brief neuropsychological assessments were also administered, scored, and interpreted under the supervision of Madeline Westerfeld, Psy.D. and Barry Nierenberg, Ph.D., ABPP.
- 2014-2015 **Psychology Trainee**, Anxiety Treatment Clinic, Nova Southeastern University OCD and Related Disorders, Davie Campus, Florida
- Provided individual cognitive behavioral therapy and exposure and response prevention treatment for a wide range of anxiety, mood, and OCD related disorders under the supervision of Jedidiah Siev, Ph.D. Patient progress was monitored utilizing a variety of mood and anxiety related self-report measures that were scored and interpreted throughout treatment. Treatment took place in a variety of settings, ranging from the client's home to public places, where exposures were most effective.

SPECIAL PROJECT

- 2018 **Special Project Leader**, Florida International University, Miami, Florida
- Developed and implemented a Virtual Reality Therapy (VRT) program in order to improve how Exposure and Response Prevention (ERP) treatment is delivered at Florida International University. By aggregating data and supporting research, a stipend of \$1,200 was successfully approved for the necessary equipment and software. This VRT program is currently being utilized

at Florida International University in order to simulate virtual environments for the treatment of specific phobia, panic disorder, and social anxiety disorder.

TEACHING

2014-2016 **Graduate Teaching Assistant**, Adult and Child Intelligence Class, Nova Southeastern University, Davie Campus, Florida

Conducted and led class discussions with first year students regarding how to accurately score and interpret intelligence tests under the supervision of Elizabeth Ibanez, Ph.D. Responsibilities also included grading assessments students administered throughout the semester, in addition to meeting with students individually in order to practice the administration of intelligence tests.

CERTIFICATION

2015 American Heart Association CPR Certified

RESEARCH EXPERIENCE

2015-2016 **Primary Investigator**, Nova Southeastern University, Fort Lauderdale, Florida

IRB approved research project, which involved collaboration with Paula Brochu, Ph.D. and Jennifer Davidtz, Ph.D. conducting research on the associations between well-being, adherence to gender norms, stigma consciousness, perceived discrimination, and social support. Project was geared toward encouraging further research in the area of well-being among gender variant individuals.

2012-2013 **Lead Research Assistant**, Florida International University, Miami, Florida

Assisted with Rolando Carol's Ph.D. study on implicit and explicit memory in relation to eyewitness testimony. Responsibilities included independently running participants and maintaining the Super Lab program used throughout the study.

2012-2013 **Medical Screener**, Florida International University, Miami, Florida

Conducted medical screenings on potential participants for Nadja Schreiber-Compo's Ph.D. "Alcohol and Cognition" study, which assessed the reliability of eyewitness testimony after the consumption of alcohol. Responsibilities included gathering medical histories of potential participants, excluding relevant participants, administering breath alcohol concentration tests, and monitoring participants throughout the detox process.

2012 **Research Assistant**, Florida International University, Miami, Florida

Managed a large data base in SPSS and excel for Jeremy Pettit, Ph.D. and his study that focused on attentional bias modification treatment for children with anxiety disorders. Responsibilities also included the administration of the attentional bias modification treatment computer program.

2012 **Research Assistant**, Florida International University, Miami, Florida

Scored and inputted data relating to children's and parent's scores on ADHD and mood related measures into SPSS and Excel under the supervision of William Pelham, Ph.D.

LANGUAGES

English (native language)

Spanish (conversational/intermediate proficiency)

QUALIFYING COMPUTER SKILLS

SPSS, MS Excel, MS Word, MS PowerPoint, and Super Lab.

PRESENTATIONS

Padron M. & Brochu, P. Gender expression and well-being. Poster presented at the Society for the Psychological Study of Social Issues, Minneapolis, Minnesota, June, 2016.

Padron, M. Reducing stress in college. Invited guest speaker for Youth Co-op, Fort Lauderdale, Florida, 2014.

Schreiber Compo, N., Carol, R., Pimentel, P., Evans, J. R., Molina, J., Mikaiel, C., Jerome, A.-S., Garcia, B., **Padron, M.**, Ruiz, M., Campbell, I., Altamirano, D., Sunny, J., Puertas, L., Khaleel, N., Lee, A., Byrne, A., Pena, M., Rosen, A., Villega, N., & Rose, S. Interviewing intoxicated witnesses: The effects of state-dependent retrieval on cued recall. Poster presented at the American Psychology Law Society Annual Conference, Portland, Oregon, March, 2013.

PROFESSIONAL AFFILIATIONS

American Psychological Association
Society of the Psychological Study of Social Issues

ASSESSMENT EXPERIENCE

Woodcock Johnson Test of Cognitive Abilities (WJIII-Cog)
Woodcock-Johnson Tests of Achievement-Fourth Edition (WJ-IV ACH)
Wechsler Adult Intelligence Scale, Fourth Edition (WAIS-IV)
Wechsler Intelligence Scale for Children, Fifth Edition (WISC-V)
Wechsler Memory Scale, Fourth Edition (WMS-IV)
Conner's Adult ADHD Rating Scales – Self Report: Long Version (CAARS-S:L)
Brief Neuropsychological Cognitive Examination (BNCE)
Minnesota Multiphasic Personality Inventory, Second Edition (MMPI-II)
Panic Disorder Severity Scale (PDSS)
Obsessive Compulsive Inventory- Revised (OCI-R)
Social Phobia and Anxiety Inventory-23 (SPAI-23)
Penn State Worry Questionnaire (PSWQ)
Alcohol Use Disorders Identification Test (AUDIT)
Anxiety Sensitivity Index-Revised 36 (ASI-R-36)
Beck Depression Inventory-II (BDI-II)
Saving Inventory - Revised (SI-R)
Body Dysmorphic Disorder-Symptom Scale (BDD-SS)
Beck Anxiety Inventory (BAI)
Conners Continuous Performance Test -2 (CPT-2)
Gray Oral Reading Tests – Fifth Edition (GORT-5)
Mini Mental Status Exam (MMSE)
Bender-Gestalt
Rorschach Inkblot Test
Thematic Apperception Test

REFERENCES

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