

**YANETH BELTRAN RD/LDN**

[beltran@nbweston.com](mailto:beltran@nbweston.com)

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### **OBJECTIVE**

Registered dietitian in the state of Florida and National Certified Counselor seeking a work site where nutritional, leadership, organizational and communication skills are utilized to meet the institution's and client's goals.

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### **SUMMARY OF QUALIFICATIONS**

- Advanced professional training and experience as a dietitian nutritionist and nutrition counselor.
- Strong adaptive and creative thinking abilities towards individualized nutrition programs and diet planning, food service systems, nutrition groups, and clinical research.
- Excellent communication with patients, families, doctors, nurses, customers.
- Fully bilingual – English and Spanish

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### **WORK EXPERIENCE**

**Anxiety Disorder/OCD/ED Nutritionist** 2017- Present  
**Neurobehavioral Institute**  
Weston, Florida

- Leading group and individual nutritional sessions including meal planning, grocery shopping tour, lunch group, and individual food exposures.
- Conducting individual and family session in order to develop individual strategies that will help solidify patient's recovery.
- Collaboration with multidisciplinary team/outpatient providers.

**ED Nutritionist/The Renfrew Center** 2008 - 2018  
Coconut Creek, Florida

- Complete patient's nutritional assessments and follow ups. Systematically chart on Dietary Progress Notes information such as counseling, diet instruction given, nutritional assessment, and other comments.

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- Leading International meetings and workshops and collaborating with colleges from Latin America countries.
- Supervise interns during their internship.

**Nutritionist, counselor in Private Practice**

2012-Present

Coral springs - Boca Raton, Florida

- Guiding clients on how to improve their nutrition status based on their individual needs.
- Supporting clients to implement healthy changes and make them permanent to have a better quality of life.

**Diet Technician/Coral Springs Medical Center**

2005-2008

Coral Springs, Florida

- Complete patient's nutritional assessment and follow ups.
- Participate in training food service employees concerning diet therapy.
- Visit residents and evaluate food intake.

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**EDUCATION AND PROFESSIONAL TRAINING**

- **ED and Obesity**/Post graduated on-line class/Argentina society of Nutrition 2012
- **BS/ Dietetics and Nutrition**/Florida International University, Miami, Florida 2008
- **BS/Dietitian-Nutritionist**/Pontificia Javeriana University, Bogota, Colombia 1998