

CURRICULUM VITAE



Wilfredo Rivera Pérez

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Phone: 954.217.1757

WORK EXPERIENCE:

Licensed Psychologist

11/2016-Present

- Conducts individual and parenting sessions for individuals diagnosed with Obsessive Compulsive Disorder and related conditions, Anxiety Disorders, Depression, Procrastination, School Refusal, Phase of Life Problems, Autism Spectrum Disorder, and Attention Deficit/Hyperactivity Disorder using the Cognitive Behavioral Therapy approach.
- Facilitates support and skills groups.
- Conducts psychological/psychoeducational evaluations for children and adolescents with academic, developmental, behavioral, and emotional disturbances.
- Provides feedback to test results and appropriate recommendations for treatment intervention in a written report.
- Involved in the development of therapeutic interventions for the intensive outpatient and residential programs.
- Conducts Suicide Risk Assessment and implements suicide prevention protocol.
- Participates in clinical reviews for insurances (i.e., approval of out of network services).
- Create, reviews, update, and translates (English to Spanish) clinical related office forms and general information on practice web-site.
- Conducted in-site HIPPA compliance reviews.

Pieceworker Psychological Evaluator-19 Institute for Child and Family: Markenson Unit Hialeah, FL.

2012-2013

Supervisor: Mercedes Garcia, Psy.D.

- Conducted biopsychosocial evaluation for each testing case.
- Conducted psychological/psychoeducational evaluations for children and adolescents with academic, developmental, behavioral, and emotional disturbances in Spanish and English under the supervision of a licensed psychologist.
- Maintained required testing records, scored, and prepared psychological reports for each evaluation.

- Provided diagnosis and offered feedback session to discuss test findings and applicable recommendations in Spanish and English under the supervision of a licensed psychologist.
- Confirmed that payments for services were made or that Medicaid or other insurance eligibility was confirmed prior to the evaluation.
- Completed all required invoices for psychological testing services.

PRESENTATIONS:

Rivera, W. & Szentpaly, J., (July, 2018) *Grupo de Apoyo para el Trastorno Obsesivo Compulsivo*, Support Group at the 25th Annual OCD Conference, IOCDF, Washington, D.C.

Hoffman, J., & **Rivera, W.**, (July, 2018) *OCD is an Annoying Bully (For Middle Schoolers Only)* Interactive Workshop at the 25th Annual OCD Conference, IOCDF, Washington, D.C.

Rivera, W. & Szentpaly, J., (July, 2017) *Grupo de Apoyo para el Trastorno Obsesivo Compulsivo*, Support Group at the 24th Annual OCD Conference, IOCDF, San Francisco, California.

Szentpaly, J., **Rivera, W.**, & Cortes, L. (July, 2017) *Help! Evidenced Based Treatment for OCD/ ¡Ayuda! Tratamiento Eficaz para el TOC*, Panel Presentation at the 24th Annual OCD Conference, IOCDF, San Francisco, California.

Cortes, L. & **Rivera, W.**, (July 2017) *LGBTQ+* Support Group at the 24th Annual OCD Conference, IOCDF, San Francisco, California.

Spielman, J., **Rivera, W.**, Szentpaly, J., Cortes, L., & Norona-Blocker, D., (July, 2017) *The Social Experiment: Let's Be Socially Anxious Together*, Experiential Group at the 24th Annual OCD Conference, IOCDF, San Francisco, California.

Spielman, J., **Rivera, W.**, Szentpaly, J., Cortes, L., & Norona-Blocker, D., (July, 2017) *Teens-Only Field Trip to Union Square*, Experiential Group at the 24th Annual OCD Conference, IOCDF, San Francisco, California.

Norona-Blocker, D. & **Rivera, W.**, Social Anxiety Support Group at the 24th Annual OCD Conference, IOCDF, San Francisco, California.

EDUCATION:

Doctor of Psychology (Psy.D.) in Clinical Psychology 2007-2014

Concentration in Neuropsychology

Graduated Distinction

Carlos Albizu University: Miami Campus, Doral, FL.

American Psychological Association Accredited Program

Master of Science (M.S.) in General Psychology 2007-2008
Graduated Distinction
Carlos Albizu University: Miami Campus, Doral, FL.
American Psychological Association Accredited Program

Intensive English Program 2006-2007
University of Miami, Coral Gables, FL.

Bachelor of Science (B.S.) in Psychology 2004-2006
Graduated Magna Cum Laude
Carlos Albizu University: Miami Campus, Doral, FL.
American Psychological Association Accredited Program

FORMAL TRAINING:

Post-Doctoral Fellow 02/2015-02/2017
NeuroBehavioral Institute
Weston, FL.

- Facilitated intensive psychotherapeutic interventions based on the Cognitive Behavioral Model to adults, children, and families experiencing not only mood disorders, but also Obsessive-Compulsive and other related disorders.
- Co-facilitated skills groups.
- Participated in the development of therapeutic interventions for the intensive outpatient and adventure treatment programs.

Post-Doctoral Fellow/Psychological Evaluator-19
2014-2015
Institute for Child and Family: Markenson Unit
Hialeah, FL.
Supervisor: Mercedes Garcia, Psy.D.

- Conducted biopsychosocial evaluation for each testing case.
- Conducted psychological/psychoeducational evaluations for children and adolescents with academic, developmental, behavioral, and emotional disturbances in Spanish and English under the supervision of a licensed psychologist.
- Maintained required testing records, scored, and prepared psychological reports for each evaluation.
- Provided diagnosis and offered feedback session to discuss test findings and applicable recommendations in Spanish and English under the supervision of a licensed psychologist.
- Confirmed that payments for services were made or that Medicaid or other insurance eligibility was confirmed prior to the evaluation.
- Completed all required invoices for psychological testing services.
- Provided therapeutic services to adults, children, and adolescents.
- Provided diagnosis based on both DSM-IV-TR and DSM-5.

Pre-Doctoral Internship Program

2013-2014

Goodman Psychological Services Center, Miami, FL.

Supervisors: Maria Alonso-Mahoney, Psy.D.; Evangelina Alonso, Psy.D.; Manny Garcia, Psy.D.; and Christine Nogues, Ph.D.

- Conducted initial intake evaluations.
- Conducted psychotherapeutic interventions with adults, couples, children, and families based on the Cognitive-Behavioral Model.
- Conducted psychoeducational and neuropsychological evaluations; provided diagnosis and offered recommendations.
- Conceptualized cases and developed treatment plans.
- Conducted psychotherapy considering cross cultural factors.
- Conducted crisis intervention.
- Conducted didactics to practicum students and colleagues.
- Participated in the process of staffing of cases.

**University of Miami School of Medicine/ Jackson Memorial Hospital
Neuropsychological Rehabilitation, Miami, FL.**

2010-2012

Supervisors: Stuart Gold, Psy.D., Ph.D.; Gisela Aguila-Puentes, Psy.D.; and Susan Ireland, Ph.D.

- Conducted neuropsychological evaluations; provided diagnosis and neurobehavioral treatment; and offered dispositional recommendations of acute neurosurgical and traumatic brain-injured inpatients and outpatients in Spanish and English.
- Conducted initial intake and follow-up evaluations and biopsychosocials to assess overall cognitive functioning to a diverse group of patients with neurological trauma from intensive care unit/acute care to inpatient and outpatient neurorehabilitation.
- Participated in multidisciplinary team consultations and recommendations.
- Conducted follow-up psychological interventions and assessments.
- Administered neuropsychological batteries and reports.
- Provided patients and their families with psychoeducation and support.
- Participated and co-facilitated traumatic brain injured family support groups.
- Collected data for ongoing research.
- Provided overall training to new externs in testing and in rehabilitation procedures.

**Design Neuroscience Center (DNC)
Miami Gardens, FL.**

2010-2011

Supervisor: Stuart Gold, Psy.D., Ph.D.

- Administered and scored neuropsychological and psychological assessments in Spanish and English.

- Completed neuropsychological reports.
- Provided diagnosis and recommendations for neurorehabilitation and other interventions for individuals with acquired brain injuries.

Neurobehavioral Institute of Miami 2009-2010
In Partnership with the Westchester Rehabilitation Hospital
Miami, FL.

Supervisor/ Director: Jorge A. Herrera, M.D., Ph.D.

- Utilized software programs and therapeutic plans for the neurocognitive rehabilitation of brain-injured patients.
- Conducted initial intake evaluations to assess overall cognitive functioning and orientation.
- Administered, scored and interpreted neuropsychological instruments designed to assess higher cerebral functions in patients with diverse neurological conditions, including dementia, cerebro-vascular accidents, and traumatic brain injury.
- Conducted biofeedback sessions.

The Goodman Center/Children Trust Grant 08/2008-12/2008
Hialeah-Albizu Partnership Program for Youth (H.A.P.P.Y. Program)
Miami, FL.

Supervisor: Laura Alfonso, Ph.D.; Mercy Arias, Psy.D.

- Conducted group psychotherapy to adolescents acculturating to United States.
- Conducted parenting skills training.
- Collected research data.

The Goodman Center, Carlos Albizu University 2008-2009
Doral, FL.

Supervisors: Shirley A. Gazabon, Ph.D.; G. Delgado, Psy.D.; Mercy Arias, Psy.D.; Irene M. Bravo, Ph.D.; and Ted Cunliffe, Ph.D.

- Conducted initial intake evaluations.
- Conducted psychotherapeutic interventions with adults, couples, children, and families based on the Cognitive-Behavioral Model.
- Conceptualized cases and developed treatment plans.
- Conducted psychotherapy considering cross cultural factors.

ADDITIONAL TRAINING:

The Fundamentals of CBT: An Interactive Online Course 03/2018
Massachusetts General Hospital/ Psychiatry Academy

Counseling Victims of Mass Shootings 03/2018

Claire Dorotik-Nana, LMFT

Leveraging Adversity: Turning Setbacks into Springboards 03/2018
Claire Dorotik-Nana, LMFT

Improving Social Skills in Children & Adolescents 02/2018
Adina Soclof, MS, CCC-SLP; Leo Christie, PhD, LMFT

Obsessive-Compulsive Disorder (OCD) 01/2018
Leslie J. Shapiro, LICSW

Suicide Prevention: Evidence-Based Strategies 01/2018
Laura More, MSW, LCSW

Professional Crisis Management: Instructor (P) Certification 2017

**Autism Diagnostic Observation Schedule, Second Edition (ADOS-2)
Clinical Training** 2016

Children's Functional Assessment Rating Scale (CFARS) 2014

Functional Assessment Rating Scale (FARS) 2014

RESEARCH EXPERIENCE:

**A Review of Empirical Outcomes on the Therapeutic Value
of Drama-Based Interventions** 2013-2014

- Critical literature review examining the viability of using theatrical exercises therapeutically.

PROFESSIONAL AFFILIATIONS:

2018-Present American Association of Suicidology

2018-Present Massachusetts General Hospital-Psychiatry Academy

2017-Present International OCD Foundation (IOCDF)

2010- 2015 The National Association for Drama Therapy (NADT)
Pittsford, NY.

2007- Present American Psychological Association (Graduate Student Affiliate)
Washington, DC.

2005- Present PSI CHI- The International Honor Society in Psychology,

Chattanooga, TN.

VOLUNTEER EXPERIENCE:

Theater Coach 2006
Rainbow Children's Academy
Hialeah, FL.

- Theatrical workshops for school age children including those with special needs (After School Programs).
- Adapted, directed, and staged the novel "The Little Prince".

Theater Coach Assistant 2001-2002
Teatro la Ventana: University of Puerto Rico, Cayey Campus
Cayey, P.R.

- As a member of this student organization, provided workshops to different populations including but not limited to orphan children with HIV syndrome; elderly in Adult Day Care facilities; and adolescents participating in summer camp schools.

SKILLS:

- Fluent in Spanish and English.
- Trained in, administered, and scored neuropsychological and psychological assessments.

REFERENCES:

- *Personal and Professional References are Available upon Request*