

# CURRICULUM VITAE

## REBECCA EVA SACHS, PH.D.

---

1

### Office Address:

NeuroBehavioral Institute  
2233 North Commerce Parkway, Suite 3  
Weston, FL 33326  
Phone: (954) 217-1757  
Fax: (954) 385-3807

### Licensure

Provisional Psychologist in State of Florida: License number PPY 159

### Professional Affiliations

Association for Behavior and Cognitive Therapies  
American Psychological Association

### Education

#### Ph.D.

Clinical and School Psychology      December, 2009  
Hofstra University

#### Dissertation Title:

Weightlifting as a Taught Competence Image for Dating Anxiety Management  
Training in Jewish Women

#### Postdoctoral Fellowship

University of Miami      January 2010- present  
Miami, FL

#### Clinical Psychology Internship

Peninsula Counseling Center      August 2005-August 2006  
Lynbrook, NY

#### School Psychology Internship

Jericho Middle School      September 2004-June 2005  
Jericho, NY

#### M.A.

Psychology      August, 2003  
Hofstra University

#### B.A. Cum Laude With Departmental Honors in Psychology

Psychology and History      May, 1999  
New York University

### Honors and Awards

Hofstra University

Nominated for the H. Alan Robinson Outstanding Dissertation Award,  
August 2009

New York Association of  
School Psychologists

The Ted Bernstein Award, excellence in the practice of school psychology,  
November 2009

Hofstra University

Graduate Student Research Fellowship, September 2002- May 2004

New York University

NYU Trustee Scholar, 1995-1999

New York University

Dean's List, 1997-1999

New York University

Presidential Service Award for Leadership, 1998

### Clinical & Professional Experience

January –Present

NeuroBehavioral Institute, Weston, FL

#### Provisional Psychologist

May 2010-December 2011

Psychological Service Center, University of Miami, Miami FL

#### Fellowship:

Supervisor: Craig Marker, Ph.D.

#### Clinical Therapist &

Perform therapy with individual clients and groups, and supervise Ph.D. graduate students who perform therapy with children, families, adults and couples, to address various problems in daily living, with an emphasis on health and caregiving issues, mood and anxiety disorders.

#### Graduate Student Supervisor

August 2005-August 2006

Peninsula Counseling Center, Lynbrook, NY

#### Practicum:

Supervisor: Marla Ince, Ph.D.

#### Clinical Therapist Intern

Performed therapy with clients with a wide-range of psychological difficulties in a community counseling center; performed psycho-educational assessments including clinical interviews, assessments of intelligence, and personality evaluations.

**CURRICULUM VITAE**  
**REBECCA EVA SACHS, PH.D.**

---

- September 2004-June 2005  
**Practicum:**  
**School Psychology Intern** Jericho Middle School, Jericho, NY.  
Supervisor: Jeffery Barnes, Ph.D.  
Counseled individual students, performed psycho-educational assessments including clinical interviews, functional behavior analyses, assessments of intelligence, and personality evaluations; wrote evaluation reports and presented results to parents and at meetings of CSE, Child Study Team, and Social & Emotional Literacy; consulted with parents, teacher, administrators, and other school staff; worked with New Student Groups.
- June 2004-August 2005  
**Coordinator of Social Skills Track** Strawberry Canyon Camp, University of California- Berkeley, Berkeley, California  
Supervisor: Jennifer Selke, Ph.D.  
Oversaw all aspects of the social skills camp designed for children with Nonverbal Learning Disabilities, High Functioning Autism, Asperger's Syndrome and children with similar social skills deficits; lead group social skills sessions with campers; created specialized activities for staff to use; trained and oversaw staff members working with Social Skills Track campers; consulted with staff, parents, and outside professionals .
- September 2004-January 2006  
**Psychotherapist** Psychological Evaluation Research, and Counseling Clinic (PERCC),  
Treated psychotherapy clients with cognitive and behavioral therapies
- September 2003-June 2005  
**Practicum:**  
**Psychotherapist** Psychological Evaluation Research, and Counseling Clinic (PERCC)  
Hofstra University, Hempstead, NY  
was responsible for case conceptualization, report writing and conducting individual and/or family conferences
- March 2005-June 2005  
**Practicum:**  
**Intern Evaluator** Gersh Academy, Huntington, NY  
Conducted achievement evaluations of primary and secondary school aged children with neurobiological disorders, was responsible for full report for evaluation results
- September 2002-January 2003  
**Practicum:**  
**Teacher's Aid** Diane Lindner-Goldberg Childcare Institute, Hempstead, NY  
Supervisor: Phyllis Ohr, Ph.D.  
Supervised group-oriented educational games; conducted structured observations of preschoolers

**Teaching Experience**

- September 2004-January 2007  
**Adjunct Assistant Professor** Hofstra University, Hempstead, NY  
Taught Abnormal Psychology (Fall 2004, Fall 2005, Spring 2006);  
Psychology of Women (Fall 2005); Child Psychology (Spring 2005)
- January 2006-December 2006  
**Adjunct Instructor** SUNY, Old Westbury, Westbury, NY  
Taught Psychology of Gender (Spring, 2006, Fall 2006);  
Theories of Personality (Fall 2006)
- September 2006-January 2007  
**Adjunct Professor** Polytechnic University, Brooklyn, NY  
Taught Abnormal Psychology (Fall 2006)
- January 2005-May 2006  
**Graduate Teaching Assistant** Hofstra University, Hempstead, NY  
Supervisor: Phyllis Ohr, Ph.D.  
Assisted in Graduate Course, Exceptional Child; conducted mock parent conferences in class, was responsible for facilitating student's understanding and application of the etiology, evaluation, and treatment of children with various disorders
- January 2005-May 2005  
**Teaching Assistant** Hofstra University, Hempstead, NY  
Supervisor: Shane Owens, Ph.D.  
Assisted in Undergraduate Course, Measurement and Statistics; was responsible for teaching statistics labs using SPSS; evaluated homework assignments, lab assignments, and examinations

# CURRICULUM VITAE

## REBECCA EVA SACHS, PH.D.

---

### Research Experience

January 2010-Present  
**Postdoctoral Fellow**

Biobehavioral Oncology, Sylvester Comprehensive Cancer Center, University of Miami, Miami, FL  
Principal Investigator: Youngmee Kim, Ph.D.  
Project Manager for various studies investigating psychosocial and biophysiological aspects of quality of life of cancer patients and their family caregivers and implementation of intervention programs to improve overall quality of life. Responsible for the overall coordination, implementation, and management of data collection and dissemination of findings for the following three studies:

- Psychosocial Correlates and Biomarkers of Stress among Families Dealing with Prostate Cancer
- Elevated Health Risk Among Patients with Non-Hodgkin's Lymphoma (NHL) and Their Caregivers: Pilot Study
- Feasibility of Home-Based Cancer Preventive Behaviors Intervention for CRC

January 2007-January 2010  
**Research Coordinator**

Research Institute on Aging, Jewish Home Life Care, New York, NY  
Principal Investigator: Amy Horowitz, DSW/Ph.D.  
Project Director: Brent E. Gibson, Ph.D.  
Responsible for conducting semi-structured interviews with research participants in a longitudinal study examining developmental aspects of coping, and performing relevant analyses

January 2007-August 2009  
**Graduate Research Scientist**

Hofstra University, Hempstead, NY  
Dissertation Sponsor: Richard O'Brien, Ph.D.  
Conducted dissertation treatment study with a single subject multiple-baseline-across-subjects design on Anxiety Management Training utilizing taught competence imagery on anxiety and avoidance behaviors related to dating

October 2003-January 2004  
**Graduate Research Assistant**

Hofstra University, Hempstead, NY  
Supervisor: Richard O'Brien, Ph.D.  
Trained senior citizen participants living in assisted living facilities in experimental anxiety management techniques, including relaxation and competency imagery; guided anxiety management sessions

January 2003-August 2004  
**Graduate Research Assistant**

Hofstra University, Hempstead, NY  
Supervisor: Charles Dill, Ph.D.  
Conducted research examining the relationships among goal intention, implementation intention, reinforcement and behavioral enactment

January 2004-May 2005  
**Literacy Coordinator**

The Gateway Institute for Pre-College Education, City University of New York  
Supervisor: Jessica Arnold, M.A.  
Guided development of school wide literacy initiative with staff; assisted implementation of literacy initiative; designed and conducted evaluation of initiative

July 2001-August 2002  
**Research Assistant**

Stanford University, Palo Alto, CA  
Supervisor: Ellen Markman, Ph.D.  
Conducted experimental sessions examining cognitive and language development in children and infants; performed relevant statistics to analyze data

### Peer-Reviewed Journal Review

Quality of Life Research

### Discussions

Sachs, R. (2011) "Managing Stress: As a person and as a practitioner" Talk presented at the University of Miami Medical School to Third Year Medical Students, Miami, Florida.

Selke, J. & Sachs, R. (2005) Add a social skills camp to your program. Talk presented at the Tri State 2005 Camp Conference. New York, New York.

**CURRICULUM VITAE**  
**REBECCA EVA SACHS, PH.D.**

---

**Poster Presentations**

**Sachs, R.,** Kim, Y. (2011) Risk Factors for Bereavement Outcomes Among Cancer Caregivers. Poster Session presented at ABCT's 45<sup>th</sup> Annual Convention, Toronto, Ontario, Canada.

**Sachs, R.,** Kim, Y. (2010). Pre-loss depression: A predictor of complicated grief among cancer caregivers. Poster Session presented at 2010 Sylvester Cancer Research Poster Presentation, Miami, FL.

Guedj, S., Leon, J., Wesley, K., **Sachs, R.,** Kim, Y. (2010). Dyadic and individual effects of attachment between colorectal cancer patients and their caregivers on mental and physical health. Poster Session presented at 2010 Sylvester Cancer Research Poster Presentation, Miami, FL.

**Sachs, R.,** O'Brien, R., Levy, J., Feiner, J., Cohen, E. (2009). Weight Lifting as a taught competency image for Anxiety Management Training with dating anxiety in Jewish Women. Poster Session presented ABCT's 43<sup>rd</sup> Annual Convention, New York, NY.

**Sachs, R.,** O'Brien, R., Levy, J., Feiner, J., Cohen, E. (2009). Weight Lifting as a taught competency image for Anxiety Management Training. Poster session presented at the 117<sup>th</sup> annual American Psychological Association Conference, Toronto, Ontario, Canada.

**Sachs, R.** (2009). Predictors of dating anxiety and dating behaviors in Jewish women. Poster session presented at the 117<sup>th</sup> annual American Psychological Association Conference. Toronto, Ontario, Canada.

Pastor, S.C., Orban, L., **Sachs, R.,** Ephron, R., Owens, S.G., Corso, A., & Dill, C.A. (2004). Monitoring anti-gay hate speech utilizing implementation intensification. Poster session presented at the 111<sup>th</sup> annual American Psychological Association Conference. Honolulu, Hawaii.

Dill, C., Owens, S.G., Ephron, R., **Sachs, R.,** Corso, A., Gross, D., & Sledz, B. (2004). Self-efficacy and reinforcement: Delimiting the effects of implementation intentions. Poster session presented at the 111<sup>th</sup> annual American Psychological Association Conference. Honolulu, Hawaii.