

CURRICULUM VITAE
E. Katia Moritz, Ph.D.

PERSONAL INFORMATION

Office Address:

NeuroBehavioral Institute
2233 North Commerce Parkway, Suite 3
Weston, FL 33326
Phone: 954-217-1757
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State of Florida Psychologist License: PY 5997 (1999)
Affiliation with Miami Children's Hospital, Dan Marino Center

EDUCATION & TRAINING

Doctor of Philosophy in Clinical and School Psychology, January 1998
Hofstra University, Hempstead, NY

Master of Arts in Psychology, July 1994
Hofstra University, Hempstead, NY

Licensed in Clinical Psychology, December 1990
Pontificia Universidade Catolica do Rio de Janeiro (Catholic University of Rio de Janeiro), Brazil

Bachelor of Arts in Psychology, December 1989
Pontificia Universidade Catolica do Rio de Janeiro (Catholic University of Rio de Janeiro), Brazil

PROFESSIONAL EXPERIENCE & TRAINING

NeuroBehavioral Institute, Weston, FL
Clinical Director and Anxiety Disorders Program Director
May 2001 to Present

Miami Children's Hospital Dan Marino Center, Weston, FL
Founder of the first South Florida support group for children suffering from Obsessive Compulsive Disorder
May 1998 to present.

Miami Children's Hospital Dan Marino Center, Weston, FL
Director of the Anxiety Disorders Program
May 1998 to January 2004

PROFESSIONAL EXPERIENCE & TRAINING, (cont.)

Miami Children's Hospital Dan Marino Center, Weston, FL

Psychology Resident

April 1998 to April 1999

Completed 2000 hours of patient care for licensure purposes

Institute for Bio-Behavioral Therapy and Research, Great Neck, NY

Therapist

June 1992 to February 1998

Provided Cognitive-Behavioral Treatment for patients exhibiting Obsessive Compulsive Disorder, Body Dysmorphic Disorder, and Panic Disorder. Treatment involved both individual and group therapy under the supervision of Fugen Neziroglu, Ph.D.

Institute for Bio-Behavioral Therapy and Research, Great Neck, NY

Facilitator of the Obsessive Compulsive Disorder Support Group

June 1992 to February 1998

Great Neck North High School, Great Neck, NY

School Psychology Intern

July 1995 to June 1996

School Psychology internship. Psychological testing, tri-annual evaluations and educational counseling

Creedmoor Psychiatric Center/Richmond Hill Outpatient Division, Richmond Hill, NY

Intern

August 1994 to December 1994

Internship placement. Provided group and individual treatment for patients enrolled at the continuing day treatment center

Albert Ellis Institute, New York, NY

Visiting Professional

January 1992 to July 1992

Conducted an average of 200 hours of group therapy with Dr. Albert Ellis, 150 hours of supervision and 60 hours of workshop training

Private Practice, Rio de Janeiro, Brazil

Licensed Psychologist

December 1990 to December 1991

Provided psychological services to clients with multiple diagnoses

Jorge Jaber Treatment Program, Rio de Janeiro, Brazil

Licensed Psychologist

March 1990 to December 1991

Developed and implemented behavioral therapy for drug addicts in a multi-disciplinary team, during hospitalization and outpatient follow-up treatment

PROFESSIONAL EXPERIENCE & TRAINING, (cont.)

Applied Psychological Services, Catholic University of Rio de Janeiro, Rio de Janeiro, Brazil

Therapist

February 1990 to December 1990

Conducted individual treatment with low-income individuals. 500 hours of supervision and training

Psychiatric Hospital, Casa de Saude Humaita, Rio de Janeiro, Brazil

Undergraduate Intern

June 1989 to December 1989

Triage work, intakes and assessments

Gafree Guinle Hospital, Rio de Janeiro, Brazil

Undergraduate Intern

March 1988 to December 1989

Individual and family counseling with children with medical illnesses and their families

PROFESSIONAL AFFILIATIONS

American Psychological Association

Florida Psychological Association

Association for Behavioral and Cognitive Therapies

Children and Adults with Attention-Deficit/Hyperactivity Disorder

International Obsessive Compulsive Disorder Foundation

IOCDF Florida Chapter

Anxiety Disorders Association of America

OFFICES/POSITIONS HELD

2010 to Present President of the Florida Chapter of the International OCD Foundation

PUBLICATIONS

Hoffman, J.H., Storch, E., Moritz, E. Katia, & Spielman, J. (2010). Integrating technology into Cognitive-Behavioral Treatment for OCD. *International Obsessive Compulsive Foundation Newsletter, Vol. 24 Number 1*, 13-15.

Moritz, E. K. (1998). *Working with Obsessive Compulsive Disorder in Children (Audio and Video Training Program)*. New York: Childsworld Childsplay.

Moritz, E. K., & Jablonski, J. (1998). *Blink, Blink, Clop, Clop, Why do we do things we can't stop*. New York: Childsworld Childsplay.

Moritz, E. K. (1998). *Forms for Helping Children With OCD*. New York: Childsworld Childsplay.

PUBLICATIONS (cont.)

- Moritz, E. K. (1998). *Behavior therapy in game format for the treatment of childhood Obsessive Compulsive Disorder*. Unpublished doctoral dissertation, Hofstra University, Hempstead, NY.
- Moritz, E. K. (1998). *Behavior therapy in game format for the treatment of childhood Obsessive Compulsive Disorder*. Unpublished doctoral dissertation, Hofstra University, Hempstead, NY.
- Moritz, E.K, Kent K., Grunes, M., Salzinger, K., & Neziroglu, F. (1997). Behavioral treatment for childhood Obsessive Compulsive Disorder. A pilot study. *Brazilian Journal of Psychiatry, 46*, 523-525.
- McKay, D., Todaro, J., Neziroglu, F., Campisi, T., Moritz, E.K., & Yaryura-Tobias, J. (1997). Body Dysmorphic Disorder: A preliminary evaluation of treatment and maintenance using Exposure with Response Prevention. *Behavior Research and Therapy, 35*, 67-70.
- Neziroglu, F., Yaryura-Tobias, J., & Moritz, E.K. (1995). Body Dysmorphic Disorder. Disorder do corpo dismorfico. In B. Range (Ed.), *Psicoterapia Comportamental Cognitiva de Transtornos Psiquiatricos*, (pp. 123-131). Campinas, Brazil: Editora Psy II.
- Moritz, E.K. (1989). *Panic Disorder and Assertiveness*. Dissertation. Catholic University of Rio de Janeiro, Brazil.

SELECTED PRESENTATIONS

- Moritz, E. K. (2012, February). *Relational Aggression also known as Mean Girls*. Presented at St. Mark's Episcopal Church and School, Fort Lauderdale, FL.
- Moritz, E. K., Hoffman, J.H., Herbert, J.D., Szymanski, J., & Tanaka-Matsumi, J. (2011, November). Panel Discussion. Legal and Clinical Perspectives in Using Teleconferencing in CBT. Annual Convention for the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Moritz, E. K. (2011, August). *Cognitive Behavioral Concepts: Practical Applications for Schools*. Presented at Pine Crest School, Fort Lauderdale, FL.
- Weg, A. H., Hoffman, J. H., & Moritz, E.K. (2011, July). *Challenges of Living with and Treating OCD with Autism/Aspergers*. Presented at the International OCD Foundation 18th Annual Conference, San Diego, CA.
- Moritz, E.K., Elias, J., Hoffman, J.H., Storch, E., & Szymanski, J. (2011, July). *Teletherapy and Videoconferencing in OCD Treatment: Weighing the Benefits and Ricks*. Presented at the International OCD Foundation 18th Annual Conference, San Diego, CA.

SELECTED PRESENTATIONS (cont.)

- Cugnetto, M.L., & Moritz, E.K. (2011, March). *CBT for OCD in Español: Tailoring Treatment for the Hispanic Community*. Presented at the Anxiety Disorders Association of America's 31st Annual Conference, New Orleans, LA.
- Khemlani-Patel, S., Moritz, E.K., & Hoffman, J.H. (2011, March). *CBT Treatments of OCD and Other Anxiety Disorders Across Cultures*. Presented at the Anxiety Disorders Association of America's 31st Annual Conference, New Orleans, LA.
- Moritz, E.K., & Hoffman, J.H. (2011, March). *Creative Cognitive-Behavioral Therapy for Pediatric Obsessive-Compulsive Disorder: Developmental Perspectives and Methodologies*. Presented at the Anxiety Disorders Association of America's 31st Annual Conference, New Orleans, LA.
- Hoffman, J.H., & Moritz, E.K. (2011, March). *Obsessive-Compulsive Disorder and Movement: It's More Than Just Tics*. Presented at the Anxiety Disorders Association of America's 31st Annual Conference, New Orleans, LA.
- Moritz, E.K. (2011, February). *Understanding the Treatment of Pediatric OCD*. Presented at a Florida Psychological Association event at Nova Southeastern University, Davie, FL.
- Moritz, E.K., & Hoffman, J.H. (2010, November). *Using Technology in CBT Treatment of OCD*. Presented at the Association for Behavioral and Cognitive Therapies' 44th Annual Conference, San Francisco, CA.
- Hoffman, J.H., & Moritz, E.K. (2010, November). Seminar. *ADHD and OCD: Treatment Modifications to Address Impulsivity and Compulsivity*. Presented at the Children and Adults with Attention Deficit/Hyperactivity Disorder's (CHADD) 22nd Annual Conference, Atlanta, GA.
- Moritz, E.K., Hoffman, J.H., & Spielman, J. (2010, July). Workshop. *CBT for Pediatric OCD - Integrating Creativity & Evidence-Based Treatment*. Presented at the Florida Psychological Association's Annual Conference, St. Petersburg, FL.
- Hoffman, J.H., Moritz, E.K., & Rickel, J. (2010, July). Workshop. *Complex Cases - When is Placement Needed & How to Do It?* Presented at the Florida Psychological Association's Annual Conference, St. Petersburg, FL.
- Moritz, E.K., Hoffman, J.H., Neziroglu, F., & Khemlani-Patel, S. (2010, June). Panel Discussion. *Integrating Developmental Stages in the Treatment of Pediatric Obsessive-Compulsive Disorder*. Presented at the World Congress of Behavioral and Cognitive Therapies conference, Boston, MA.
- Moritz, E.K. (2009, August). *Advanced Techniques in Creative Cognitive Behavioral Therapy for Pediatric OCD*. Presented at the Obsessive Compulsive Foundation's 16th Annual Conference, Minneapolis, MN.

SELECTED PRESENTATIONS (cont.)

- Hoffman, J., Storch, E., Moritz, E.K., & Spielman, J. (2009, August). *Technology in OCD Treatment*. Presented at the Obsessive Compulsive Foundation's 16th Annual Conference, Minneapolis, MN.
- Hoffman, J., Moritz, E.K., & Spielman, J. (2009, August). *Utilizing Cognitive Behavioral Therapy for Treatment of Autism Spectrum Disorders in Children with OCD*. Presented at the Obsessive Compulsive Foundation's 16th Annual Conference, Minneapolis, MN.
- Spielman, J., Cugnetto, M.L., & Moritz, E.K. (2009, August). *OCD Fashion Show with Music by the OCD Singers*. Presented at the Obsessive Compulsive Foundation's 16th Annual Conference, Minneapolis, MN.
- Hoffman, J.H., & Moritz, E.K. (2009, February). *Workshop for Psychologists. Understanding Tics and Treatment of OCD for Children and Adults: What is New and What Works?* Dade-Monroe Chapter of the Florida Psychological Association. Miami, FL.
- Hoffman, J.H., & Moritz, E.K. (2009, January). *Public Lecture. Parenting Strategies*. Mary Help of Children. Parkland, FL.
- Moritz, E.K. (2006). *Diagnosis and management of Obsessive Compulsive Disorder in children*. Miami Children's Hospital, 41st Annual Postgraduate Course "Perspectives in Pediatrics", Miami, FL.
- Moritz, E.K. (2006). *The treatment of childhood Obsessive Compulsive Disorder*. Miami Children's Hospital, 41st Annual Postgraduate Course "Perspectives in Pediatrics", Miami, FL.
- Moritz, E.K. (2006). *Power Foods*. Lectured to 10 kindergarten classes on changing and improving eating patterns. Gator Run Elementary School, Weston, FL.
- Moritz, E.K. (2005). *Changing Thinking = Changing Behaviors. Utilizing cognitive strategies to change children's behaviors*. The Annual Professional Growth Institute, St. Thomas University, Miami Gardens, FL.
- Moritz, E.K. (2005, February). *Anxiety disorders in children*. The Annual Professional Growth Institute, St. Thomas University, Miami Gardens, FL.
- Moritz, E.K. (2003). *Differentiating obsessive compulsive behaviors from autistic behaviors*. Lecture presented at CARD (Center for Autism and Related Disorders), Weston, FL.
- Moritz, E.K. (1997). *Anxiety Disorders in children: Predicting, diagnosing and treating*. Symposia presented at the 31st annual convention of the Association for the Advancement of Behavior Therapy, Miami, FL.

SELECTED PRESENTATIONS (cont.)

- Moritz, E.K. (1997). *The effectiveness of behavioral games in the treatment of childhood Obsessive Compulsive Disorder*. Symposia presented at the 31st annual convention of the Association for the Advancement of Behavior Therapy, Miami, FL.
- Moritz, E.K. (1997). *Innovative self-measure techniques in childhood OCD*. Poster presented at the 31st annual convention of the Association for the Advancement of Behavior Therapy, Miami, FL.
- Moritz, E.K. (1997). *Coping with uncertainty in the workplace*. Corporate lecture at Brookhaven National Laboratory, Outreach Program, Upton, NY.
- Moritz, E.K. (1996). *Integrative treatment for childhood Obsessive Compulsive Disorder*. Symposia presented at the 30th annual convention of the Association for the Advancement of Behavior Therapy, New York, NY.
- Moritz, E.K., Grunes, M.S., Kent, K., Salzinger, K., & Neziroglu, F. (1996). *The treatment of OCD: a child-oriented behavioral approach*. Symposia presented at the 30th annual convention of the Association for Advancement of Behavior Therapy, New York, N.Y.
- Moritz, E.K. (1996). *Cultural and Legal Issues in Clinical Psychology*. Guest lecture, Department of Applied Psychology, New York University, New York, NY.
- Moritz, E.K. (1995). *Aspects of domestic violence against women: A Third World Perspective*. St. Petersburg University of Law, St. Petersburg, Russia.
- Moritz, E.K. (1995). *Personality and Body Dysmorphic Disorder*. Symposia presented at the World Congress of Behavior and Cognitive Therapy, Copenhagen, Denmark.
- Moritz, E.K. (1995). *Maintaining treatment gains following behavior therapy for Body Dysmorphic Disorder*. Symposia presented at the World Congress of Behavior and Cognitive Therapy, Copenhagen, Denmark.
- Moritz, E.K. (1995). *Assessing overvalued ideation by structured clinical interview*. Poster session presentation at the World Congress of Behavior and Cognitive Therapy, Copenhagen, Denmark.
- Moritz, E.K., Grunes, M.S., Kent, K., Salzinger, K., & Neziroglu, F. (1995). *A pilot study on treatment of childhood Obsessive Compulsive Disorder*. Poster session presented at the World Congress of Behavioral and Cognitive Therapy, Copenhagen, Denmark.
- Moritz, E.K. (1995). *Treatment of Obsessive Compulsive Disorders and comorbid conditions*. Guest lecturer at Aid for Developmentally Disabled treatment program, Riverhead, NY.

SELECTED PRESENTATIONS (cont.)

Moritz, E.K. (2001 to present). Lecture series for teacher's training programs and parent's training programs at the Early Childhood Center, Weston, FL. Topics: a. *Teaching children how to eat healthy foods*. b. *Utilizing Rational Emotive Behavioral Therapy in the classroom*. c. *Non-verbal language and development*. d. *Behavioral techniques to improve children's behaviors*.

Moritz, E.K. (1999 to present). *Treatment of Anxiety Disorders*. Series of workshops presented as part of the residents' training program from Psychology and Psychiatry departments at Miami Children's Hospital, Miami, FL. Topics: a. *Intensive behavioral treatment for refractory cases*; b. *Understanding OCD*; c. *Exposure and Response Prevention treatments*. d. *Dealing with families during intensive treatment programs*; e. *Cognitive Therapy*.

Moritz, E.K. (1998 to 2004). Series of lectures presented to the medical staff at the Miami Children's Hospital Dan Marino Center, Weston, FL.

RESEARCH EXPERIENCE

Institute for Bio-Behavioral Therapy and Research, Great Neck, NY

September 1994 to February 1998

Obsessive Compulsive Disorder: A child oriented treatment approach. Created and implemented a treatment program for the treatment of OCD in children

Institute for Bio-Behavioral Therapy and Research, Great Neck, NY

November 1992 to November 1995

Implemented behavioral treatment and collected data for Fluvoxamine drug study

Institute for Bio-Behavioral Therapy and Research, Great Neck, NY

September 1992 to December 1992

Analyzed and revised data for research on drug Venlafaxine

TEACHING EXPERIENCE

Nova Southeastern University, Davie, FL

Substitute Professor

February 2005

Social Psychology course

Hofstra University, Hempstead, NY

Adjunct Professor

Spring 1997

Abnormal Psychology course. Social Psychology course

Psychiatric Institute of the Federal University of Rio de Janeiro, Brazil

Instructor

August 1991 to December 1991

Behavioral Medicine course

References available upon request